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KARNATAKA REGIONAL YOUTH MAGAZINE

Is 60:1

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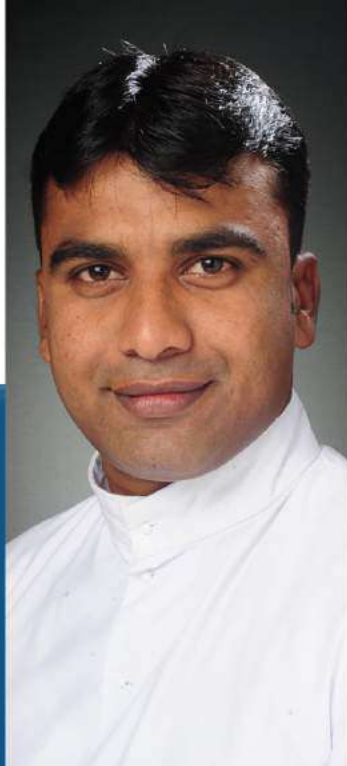
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Fr. Lourd Raj

Regional Youth Director - Karnataka

Dear Youth,

We all have started 2021 with great hope to restore our damaged life and to go back to normal. But things took a different turn and left us in the worst way possible. Amid the present pandemic that we facing in our routine life,

it might seem like you're at your lowest point; you don't see any reason to carry on; or you just want to give up, with negative voices echoing around your head. But let me tell YOU this... you are good enough, you have worth, you are loved and you have a purpose! It's not the COVID-19 that lets us down but our strong will which is fluctuating in the situation.

Nevertheless, even in the worst situation, we have made our best to bounce back through the daring move. The youth of Karnataka took the various initiatives in their dioceses to help the needy and affected people. What exactly defined their worth, they are so much more and they are unique in their way.

The Karnataka Regional Youth Commission is all set to offer a new platform to the youth of Karnataka through an e-magazine called "Arise & Shine" (Is 60:1). This will get news from every diocese of Karnataka their programmes, activities, youth achievements, inspiring saint's lives and other interesting stories and make it to reach across Karnataka. This also serves as a new arena to know each other and to learn from one another.

This edition will bring out youth's daring activities during second wave of COVID-19, their heroic services in various places and their silent achievements. My sincere thanks to the REXCO team for their initiative and effort to bring out this first edition on National Youth Sunday, 8th August 2021. May God inspire them and bless their all endeavours. Let the spirit arise in every youth and shine throughout Karnataka to witness many more achievements in society as well as the church.

Happy Reading..!

We praise God for our youth for the good and great things they have been doing even in these pandemic times! We're proud of our youth. We sincerely appreciate them and thank them.

God is inviting the youth today in the words of Prophet Isaiah, "arise and shine for your light has come and the glory of the Lord rises upon you. Rise and let God's grace lift you up from whatever is holding you." (Isaiah 60:1). The call is eminently suitable to youth of today who are the hope and future of the Church and the world.

Youth's response to the call of God would give new direction to youth's life and the life of the community around. Young Moses' response to God's call to rise and lead brought community out of bondage. Teenager Daniel's response changed not only his life, but the very destiny of a people.

Human life, more so the life of youth is a series of decisions and choices. What we are today largely determined by what we chose and decided yesterday. Our tomorrow will depend on our choices and decisions today. Therefore we are called to decide to grow, to achieve, to do what is right and to arise and shine!

All our decisions and choices become fruitful when we realise that God loves us and we need to respond to his love. No matter what we have done, no matter what we will do, God will always love us. He loves us in all situations and predicaments. There is absolutely nothing we could ever do that would make God stop loving us.

The unconditional love of God is manifested in Jesus Christ, who calls us "friends" and declares "there is no greater love than to lay down one's life for his friends." (Jn 15:13). Young St Paul experienced the love of Christ and was asked to "Arise", says, "Then Christ will make his home in your hearts as you trust in him. Your roots will grow down into God's love and keep you strong. And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep his love is." (Ep 3:17-18).

Having experienced God's love in Christ, youth would be able to "arise and shine", giving a totally new direction to life. Pope Francis urges youth, "Make the most of these years of your youth. Don't observe life from a balcony. Don't confuse happiness with an armchair, or live your life behind a screen. Whatever you do, do not become the sorry sight of an abandoned vehicle! Don't be parked cars, but dream freely and make good decisions. Take risks, even if it means making mistakes. Don't go through life anaesthetized or approach the world like tourists. Make a ruckus! Cast out the fears that paralyze you, so that you don't become young mummies. Live! Give yourselves over to the best of life! Open the door of the cage, go out and fly! Please, don't take early retirement." (Christ Is Alive, 143).

The entire world is open to our youth. It is beckoning them to be leaders and achievers. The Church and the world need them to reform and renew themselves and then transform the world. When youth's life is founded on divine love and inspired by the Holy Spirit, they would be able to far greater things, ushering in a "new heaven and a new earth!"

Therefore, let's all "Arise and Shine!"

BISHOP HENRY D'SOUZA

CHAIRMAN - KRYC





Fr. Chetan Machado

Executive Secretary - National Youth Commission

We are currently living in uncertain times. The pandemic has disrupted our life. We have already witnessed two waves and if predictions come true, there may be more waves of this pandemic. The second one was deadlier than the first. This pandemic has affected the young people more than any other group. Many lost their jobs, career, students are struggling with online classes, many are facing mental health issues and sadly many have given up. A lot of young people have become orphans and many have lost their dear ones. During times like this, our faith can be challenged, and it can be hard to see where God fits in with this new normal. Our churches are closed and when people close to us especially young die, it is natural to ask, where is God?

I strongly believe that God was at work during the pandemic through young people. He saved people through them, otherwise the situation would have been worse. The world is a big place, no one gets through this pandemic alone. We need to support each other in our own way- help an elderly persons, give ration, make a phone call to chat with a friend, write a letter, text, or email to encourage others. Little things make a huge impact. This is what our young people did during the pandemic. God working through them.

It was heartening to see a lot of young people took up the role of becoming 'covid warrior'. Wearing PPE kits, they were serving people in the hospitals, helping families to bury their dead, counseling people, distributing ration and meals, spreading awareness.

In the state of Karnataka there were many cases and the young people of this region worked tirelessly to serve the affected people. It was also reported in local dailies and other news channels about the work done by young people. They risked their lives to give comfort to others and save others' life. Humanity in our society is not lost! Looking at these young people serving selflessly makes me feel proud and say that humanity continues to live.

I thank the Regional Youth Secretary and all the diocesan youth secretaries, animators who were constantly guiding and supporting our young people. Keep your head up and keep going. Youth ministry is a journey with its glories and challenges. We can be beacons, shining bright in the gloom giving hope to many. I wish to congratulate you and the entire Region for your dedication and love and wonderful services rendered. May you continue to inspire many more and bring light and joy in the lives of people.





Mr Jaison Leroy Pereira
President, KRYC

"A few heart-whole, sincere, and energetic men and women can do more in a year than a mob in a century". Stand up for what is right even if you're standing alone. Stand up for what is right against the wrong. Fear nothing but your conscience. Stand up for what is right even if it means standing alone. And when our Lord stands up for you, no one can stand against you.

Leadership is about vision and responsibility and the zeal to work hard even in worst situations. The youth of the ICYM Karnataka region have always put their sweat and blood into every work they do. The youth of various Diocese under the ICYM Karnataka region have taken a step forward in helping the people in need during the COVID-19 pandemic despite the hardships life has thrown on them.

My youth brothers and sisters have literally abided to the motto "To lead, To serve, To shine". I feel immensely proud when I look at the amount of work they have done during the lockdown by helping people in various aspects such as providing food kits, groceries and all the essential commodities to the people who were in much need of it. My youth have always been my pride.

This newsletter highlights the various contributions of the youth in different fields. The bountiful service rendered by our Youth reflects their personality. This is nothing but the reflection of Christ's ways. Christ has always been our inspiration.

The more our mind turns towards society and service the more we become oriented towards the Lord. They say our character defines our soul, you will read several such instances in this newsletter. This will definitely inspire the readers in rendering their service to the society.

A big thank you to all the editorial board members who have done an exceptional work in shaping out this edition. It really requires time and immense patience in looking into every aspect that this newsletter contains and in getting the best version of it. I am grateful to all the Diocesan Presidents and Secretaries who have sent their annual report on time and have added beauty to this edition. A big thank you to all of them who have dedicated their time and energy into this edition.

Dear Youth, remember, the path of righteousness maybe filled with obstacles but when you thrive through all the hardships and fulfil what you ought to do, you will see that your personality has evolved from a caterpillar to a Butterfly. The Journey might have been difficult but the end results are definitely worth it. I thank all of you from the bottom of my heart for your cooperation and selfless service and thereby ensuring the all-round development of our organization. May peace, love and joy be with you always. Wishing all the Youths of ICYM Karnataka Region a very Happy National Youth Sunday.

My dear youth brothers and sisters, May the Almighty bless you all and keep you safe and healthy
Long live Indian Catholic Youth Movement, Karnataka region.

Regional News



The Karnataka Regional Youth Commission gladly present the report of one year which gives an exuberant series of events that happened in our Region which touched young people's hearts enthralling them to further work for the kingdom of God and the society. During the initial nationwide lockdown ICYM Karnataka Region had initiated the following virtual activities focusing on the mental and spiritual wellbeing of the youth of our region:

- **TIKTOK Competition** - Since TikTok was trending among youngsters, we hosted a TikTok competition on any biblical / devotional aspect as the theme between 02 April 2020 and 11 April 2020. Among the several entries the best three were awarded.
- **OREMUS "Let us Pray"** - In order to motivate the youngsters to nurture their spirituality, we conducted Oremus where the participant had to click a picture of their family during the family prayer; conducted between 07 April 2020 and 11 April 2020. Among several entries the best three were awarded.
- **Make Your Own Rosary** - The month of May is dedicated to the devotion to Blessed Virgin Mary. We conducted a Rosary-making- competition with house hold items thereby portraying the importance of the Holy Rosary and the intercession of our Blessed Mother. We received several participants from across the State.
- **Drawing Competition** - In view of the fifth anniversary of the publication of the Encyclical Laudatosi Pope Francis addressed and invited the Catholic community round the world to participate in Laudatosi Week from 16 - 24 May 2020. ICYM Karnataka celebrated this week by conducting a drawing competition keeping in mind the theme of the Encyclical.
- **Called to Heal the Earth** - On the occasion of National Youth Sunday 2020 the ICYM Karnataka Region initiated a green chain movement where the youth of Karnataka was encouraged to plant a sapling and nominate others to do the same without breaking the chain.
- **Oratio -Online Elocution Competition** - An online elocution competition was conducted between 15 August 2020 and 22 August 2020 on the theme 'The youth-vision to make India shine'. The aim of this initiative was to provide a platform for the youth to voice out their vision for our nation.
- **Walk with Saints** - Walk with Saints is an initiative by the Karnataka Regional Youth Commission that introduces young saints and their lives weekly, thereby helping the youth to emulate their qualities and thus journey with them to become saints of our times. Through this initiative we have introduced about 61 saints. In conclusion to this initiative we intend to compile the stories of all these young saints into a book.

1. One day Programme to Mysore diocesan Youth

The Regional team organized one day Youth enhancement Programme for the youth of Mysore dioceses on 20th Feb 2021 at Catholic centre Bannimantap in Mysore. Around 150 youth gathered in Auditorium at 9.45 am for the programme. In the Keynote Address, Most Rev Dr K. A. William Bishop of Mysore Diocese called on the youth as 'power' and urged them to make use of the technology for the betterment not for destroying themselves.

Fr. Lourd Raj addressed the youth to become an inspiration to one another to draw them closer towards the church. Ms Jesvita gave them four keywords: opportunity, Inspiration, accompaniment, grateful which every young people should remember in their lives. Quoting the 'seven habits of highly effective teens, Rev. Fr Richard Menezes OCD called on the youth for a change in attitudes and character. Local resource persons Fr Jinto and Fr Manoj Manuel D'Souza the diocesan priests spoke on physical health and psychological health issues with the youth and called on the youth to attend to timely counselling if in need.

In the noon Rexco team took up the session with the youth and emphasized to them that building a team among the youth strengthens one another to achieve more goals. The youth of Mysore were exuberant in their participation in the day's get-together.



3. KRYC Council

The Karnataka Regional Youth Commission had organized KRYC Council on 11th March 2021 at CROSS, Bangalore. The Council meeting began with a short inaugural Ceremony at 10:00 am by watering the sapling and a short prayer service led by the youth of the Mysore Diocese. Fr. Lourd Raj welcomed everyone in the name of chairman Bishop and also expressed gratitude for all the support and cooperation from all movement to Karnataka Regional Youth Commission. Thereafter he asked the movement directors to present their activity reports.

After having presented the reports the regional president Mr Jaison took up the agendas to discuss in the Council. The next Regional youth convention was one among those agendas. The directors and youth leaders took part in actively contributing their suggestions to various agendas discussed. Thus the meeting was concluded with lunch.

2. ICYM Council at Mysore

The Karnataka Regional Youth Commission in collaboration with the diocese of Mysore had organized ICYM Council at Catholic Centre, Bannimantap Mysore on 21 February 2021. Bp. Henry D'Souza, the chairman of the Commission for Youth in his Keynote address exhorted the 52 youth leaders to be problem solvers. Recalling the recent Encyclical, "Fratelli Tutti" of Pope Francis Bp Henry called on the youth to love all as brothers and Sisters, with a dream in the mind, compassion in the eyes, joy on the face, truth in the mouth, love in the heart and service in the limbs and relationships in life. Rev Fr John Sequiera OGD, Director of Pushpashram Mysore, was the resource person of the day. He emphasized the youth to have a 'Christian vision of life'. He gave them various skills of life, smart thinking and building great attitudes and adorable relationships to develop the Christian vision of life and to become someone who can be trusted.

The agendas were discussed in the forum. The Regional Youth convention was one of the agendas that could be hosted by the Mandya Diocese with probable dates during Deepavali holidays 2021 with the theme Universal human solidarity and fraternity based on Fratelli Tutti.

After the lunch break, all the diocesan youth presidents reported the activities of the youth from January 2020 to February 2021 in their respective dioceses.



Regional News



KRYC Holds Career Guidance Program To "Guide Tomorrow's Leaders Today."

An online Career Guidance Program for youth of Karnataka was held on June 19-20 by Karnataka Regional Youth Commission and Jesus Youth aimed at "Guiding Tomorrow's Leaders Today".

Bishop Henry D'Souza, the chairman of KRCBC Youth Commission in his inaugural address stated that "Youth of today are a great potential. Their dreams and energy are needed for the Church and society. All out efforts are needed to motivate youth to be leaders and achievers tomorrow."

Bishop D'Souza reminded that the Bishops of India had urged, "Much more needs to be done for them--- through intensive programmes to enter into the mainstream of public life --- to prepare the youth for leadership roles in civic and political life." (CBCI GBM 2014)

Speaking at the occasion, Jesus Youth Coordinator and academic Sunny Gudioh stated, "In these disruptive pandemic times which have sparked fear, frustration, and anxiety all around, youth need to be helped to learn and rethink our approaches, focusing all of our energy on defeating this pandemic and the challenges associated with it."

"Every student faces the question of 'what next after class 12th and 10th? They have to decide a stream out of - humanities, science and commerce and the only career guidance she/he has is the opinion of their parents and teacher's judgment based on marks and comments of their friends and neighbours. It is at this point that a career counsellor steps in and helps the child sail through these turbulent times", added Gudioh.

"Human capacities are infinite and can never be measured, nor can one judge what the other person can do. Every person has unique characteristics and has their own strengths and weaknesses. The key is to identify these unique qualities through career counselling," opined Justin, Jesus Youth Coordinator and academic.

The Jesus Youth have a large resource of persons who work in various professional streams of humanities, science and commerce including civil services. The career guidance program enlightened on many important topics related to career choices and guide all the participants towards a stable and right career choice.

Each of the sessions were of 2 -hour duration over online platform using Zoom Meeting & Youtube App.

The resource persons were David Olivera (Entrepreneur), Noel Abhishek (Business Analyst), Victor (Software Engineer), Sunny Gudioh (College Principal) and Justin (college Principal).

KRCBC Youth Commission secretary Fr Lourd Raj facilitated the program.



Regional News

CAREER GUIDANCE WORKSHOP

*The Hope you are looking for,
The help you need.....*

INAUGURAL ADDRESS BY MOST REV. HENRY D'SOUZA, CHAIRMAN, KRYC. FOLLOWED BY SESSIONS FROM INDUSTRY EXPERTS, ENGINEERS & PROFESSIONALS

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WHAT STREAM TO CHOOSE?
WHAT IS BEST FOR ME?**

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June 19th 2021, 3pm to 5pm
Repeat Session on June 20th 2021, 11am - 1pm

MEETING ID: 87177531324
PASSCODE: 264333

LANGUAGE : IN KANNADA & ENGLISH

For Students (10th, PUC and above) & Parents

SCAN ME

Karnataka Regional Youth Commission

IN COLLABORATION WITH
JESUS YOUTH KARNATAKA

Fr. Lourd Raj - 9964818782 / Victor - 7899181838



Youth for You

In the midst of a great distress that the world is facing due to COVID-19, the resilient youth of Karnataka Region had taken up several steps and initiatives to contribute toward a shared wellbeing. 'Youth for You' is one of our initiatives that collaborates with the dioceses in our Region to contribute in all ways possible to alleviate the pain and suffering of our people.

Through this initiative we make various facilities available, viz.,

- Home isolation kits
- Arrange Counselling Facilities
- Support COVID affected families
- Provision of ration
- Monetary help, medicines and other necessities ...etc.



The report of the world parents day

The Karnataka Regional Youth commission in collaboration with Holy Ghost Church Youth organized World day of Grandparents and Elderly on 25th July 2021 at Cheshire Old Age home, Whitefield in Bangalore.

The place was well set to welcome us. Mr Arun Patrick from Holy Ghost Church who compeered the programme explained, in a nutshell, the importance of the day as well as their presence in the family.

Sr. Anne DC the superior of Cheshire Old age home expressed her feelings of happiness to see young people among the elderly. She also advised them not to abandon their parents as they grow old. Sr. Magdalene DC the joint secretary of KRYC spoke in Tamil language saying that, grandparents were our blessings. We need to listen to them and get advice to form our lives.

Fr. Lourd Raj RYD of Karnataka in his address quoted the words of Pope Francis saying that grandparents were the resources and treasures of our lives. He continued saying that they had lived their life with rich experiences. We need those experiences to enrich our lives. In the end, he also gave a piece of advice to all the youth to care for the elderly at home by giving some time to listen to them and a special place in our hearts to admire them.

The enthusiastic youth had come with a lot of preparation to entertain elderly people. They had performed dances, puppet shows, sang songs for them, conducted games and cut the cake to celebrate their day. The inmates were very much taken up. Some of them were emotional to see young people around them. Even they remembered their good old days with their grandchildren. Apart from that, the youth had arranged snacks for all the inmates and even gave them a small presentation as a token of love.

The youth had taken an oath that they would respect and love their parents and would not abandon them. After the vote of thanks, the youth had spent quality time with inmates and received their blessings. In the end, we had a photo together and presented a colourful handprint chart to them. It was one of the unforgettable days in their life, expressed all the youth.

Thanks to Fr. Anthonyswamy CSSR the parish priest Holy Ghost Church, Fr Luis Vijay CSSR youth director and Fr. Anil D'sa SDB youth director, Archdiocese Bangalore for their support and cooperation. With gratefully remember Mr Arun Patrick for gathering and bringing together the parish youth to celebrate a day.



Regional News

INITIATIVES OF YOUTH COMMISSION DURING THE PANDEMIC

- Reaching out to Covid Patients in hospitals
- Covid Burials in collaboration with "Here I am"
- Feeding the homeless
- Grocery kits to the needy
- Medical Kits to the Covid Patients
- Vaccination Drive
- Support worth Rs. 52,61,360
- Fifty two lakhs, sixty one thousand and three sixty



BANGALORE ARCHDIOCESE

DIOCESAN REPORT

Bangalore Archdiocese honors 102 Youth COVID Warriors. YuvaChethana, the Youth Commission of the Archdiocese of Bangalore on Sunday honoured 102 COVID volunteers at PaalannaBhavana, Bangalore. His Grace Most Reverend Dr Peter Machado, the Archbishop of Bangalore Archdiocese who presided over the function, appreciated the projects of the Youth Commission and expressed his gratitude to all the institutions which facilitated COVID work during the second wave especially the Camelian fathers, St John's hospital, St Martha's and St Philomena's Hospital.

Addressing the COVID warriors, he said that volunteering during this time was like entering death's den. 'The compassion that you have shown to the patients in the hospital and to the poor and the needy will come back to you someday when someone will be compassionate to you', he added. Sharing his vision on the future plans of the youth commission, Fr Machado, said that food cabinets (community food banks) should be set up for the hungry in the archdiocese along with clothes banks.

Under the leadership of Mr Jerry Jokin the president of ICYM (Indian Catholic Youth Movement) Bangalore various youth groups of archdiocese swung into action during the second wave of the pandemic where 102 volunteered in COVID wards of hospitals helping 4,000 COVID patients, 28 youth volunteers in collaboration with "Here I am" group gave honourable burials to 256 dead, 20 youth cooked and served 300 meals daily reaching a total of 15000 meals to the homeless in Royapuram, Chamrajapet and Mysore road areas. There was also an initiative where 30 volunteers distributed 500 plus grocery kits to poor families and also conducted a 3-day vaccination drive where 300 people were vaccinated.



BANGALORE ARCHDIOCESE

The current initiative is providing 600 plus medical kits worth Rs 3,500 each to COVID patients with support from Don Bosco BREADS Bangalore.

Fr John Thekkekara, the Associate Director of St John's Hospital, SrGracyRGS - Superior, St Martha's Hospital, SrTheresiamma -Administrator, St Philomena's Hospital, Fr Cyril Victor - Director, PalanaBahvana, Sr Wilma Rebello, the Provincial of St Charles Borromeo Congregation, Mr. Praveen Peter - Congress MLC Candidate, Fr Rubin Mathew SDB - Director Don BoscoBREADSand other dignitaries were also present at the function.

Fr Anil D'Sa, the youth director, Bangalore Archdiocese, proposed the vote of thanks. COVID volunteers Melisha Noronha and Leo Anto shared their volunteering experiences working in the COVID warriors.

BANGALORE ARCHDIOCESE



BELGUAM DIOCESE

The members of Youth Commission of Belgaum Diocese had an opportunity to help the poor and the needy during these days of distress and pain. The youth of different parishes along with their coordinators have responded voluntarily to the needs of people during this pandemic.

The Youth of St Joseph Parish took a special interest and initiative to serve the food kits to the poor families of the parish. A munificent donor Mr Brian D'Souza whose benevolent heart identified the needy families made it possible to share the same. In addition the Youth of Our Lady of Perpetual Succour Church, Dharwad had an opportunity to visit the poor families. Together they distributed the food grains to the needy families. The coordinator Fr Edward SJ and the Lady Animator SrNathalia were present.

The Youth Director of the Diocese, Fr Harry Victor celebrated the Holy Eucharist which was telecasted live on YouTube, for all the youth of the diocese on 13 June, 2021. Through the intercession of St Anthony of Padua the youth reaped the richness of God's grace spiritually. Fr Harry preached a beautiful homily on the Life of St Antony of Padua.

The Diocesan Youth Commission had frequent online meets to keep in touch with the youth. They were also kept informed and were encouraged to participate in the webinars and Bible quiz conducted by different associations. The Diocese Youth Commission also arranged an online memorial service to Fr Stan swamy SJ. Many youth, priests and religious prayerfully participated in the same.





BELLARY DIOCESE

The youth in Bellary made a significant impression during the second wave of COVID-19 as it continued to evolve rapidly in Bellary. When the number of cases of COVID-19 surged during the second wave the youth fed the poor and needy on the highway road, hospitals and railway stations for 43 days with the help of youth director, senior youth members and some benefactors.

As the pandemic left many people jobless and their lives in hunger, the youth of Bellary diocese distributed food grains for the poor people of the diocese especially in the villages. With the help of Rt Rev. Dr Henry D'Souza, the Bishop of Bellary, the youth had distributed around 2000 kits to the poor families in the diocese.

Bellary was one of the most COVID-19 affected districts in Karnataka. To safe guard and protect the families from the deadly virus, the youth of Bellary distributed medical kits to the affected families with the help of CARITAS India.

World Environment Day is celebrated every year on 5 June to address the environmental issues. The youth of Bellary diocese celebrated this day by planting trees at the premises of St Anthony Cathedral Bellary and youth office. The youth director Rev. FrRemi Jose and president of Bellary Diocese Mr Arul Vincent, guided by Rev. Fr John Peter, the former youth director, along with the youth of Bellary deanery planted trees.

BELTHANGADY DIOCESE



The youth of Belthangady diocese did their part in helping the society in all ways possible during the testing times of the pandemic.

The SMYM Diocesan team of Belthangady under the guidance and mentorship of their director Rev. Fr Thomas Puthiyara and with AlenShaji, ex-secretary of ICYM, Karnataka Region hosted a wide variety of events under the banner of Challenge 2020 that ranged from Theme Song to Photography to Mono Act to name a few that helped the youth focus on their mental and spiritual well-being during the nationwide lockdown.

They conducted a webinar on 24 October 2020, on the topic 'Youth in the Society for God's Kingdom'. Fr CijoChennadan CMI, was the guest speaker for the webinar.

One-Meal-Challenge was an initiative to help the needy affected by the COVID-19 pandemic where essential food kits were provided to Kodagu, Moornadu, Siddapura, Gonikoppa, Heggala parishes and Snehasadan, Mercy Home Houses for destitutes at Heggala from the 28 May 2021 - 14 June 2021. Also more than 50 youth along with 6 priests and the parish members of Gandibagilu parish cleaned the Seon Ashram, Gandibagilu on 17 June 2021.



DIOCESAN REPORT

CHIKKAMAGALUR DIOCESE

The ICYM youth of Chikkamagalur diocese have conducted several events for the youth over the year helping them grow and nurture themselves. One such event was the one day youth workshop at St Antony's church Hassan under the guidance of Fr Ronald Cardoza. Apart from that they have conducted various COVID-19 awareness programs for the general public through posters and other activities. They also had initiated COVID relief activities at parish level where vegetables, groceries and other essential items were distributed to the needy.

In order to keep the youth connected and uplift their spirits during the lockdown, the youth of Chikkamagaluru diocese organized various events such as singing competitions and enacting of characters from the Bible. They also celebrated the World Environment Day with an environment protection online campaign – HasiruNediHasiruNudi and planted several saplings. They also celebrated the Assumption of our Lady and Independence Day, National Youth Sunday and also inaugurated ICYM unit for the year 2020-2021 at parish level.

In addition they conducted various online Christmas event- Jingle Bells with competitions such as carol singing and Tableaux aiming adults, youth and kids. Apart from that they spread the joy of Christmas by caroling to convents and SnehaNilaya home for special kids, thereby sharing the true meaning of the season.



DIOCESAN REPORT

MANGALORE DIOCESE

Indian Catholic Youth Movement Central Council Mangalore Diocese conducted various events and activities for the youth of their diocese one such event was YouMeet 2020 conducted in collaboration with Jesus Youth Mangalore in view of the Year of Youth. It was a program To meet, To know, To share on the Republic Day, 26th January 2020 from 9.00 am to 2.00 pm at St Aloysius High School Hall. Total of 400 youths participated in this meet.

During pandemic COVID-19 time, one of the greatest challenge was to make-up for the scarcity of blood available at hospitals. The youth of Mangalore Diocese developed an APP that would benefit the hospitals and patients in identifying the willing donors. In addition, the Red Drop committee under the initiative of ICYM Mangalore Diocese conducted a blood donation camp namely 'Red Drop Drive 2020 and 2021' to tackle the demand for blood units during the first and second wave of the pandemic.

A telephone directory is of great help to find several contacts. Likewise keeping statistical data of all the youth and their specializations could be of great help in the current scenario. This is why ICYM Mangalore Diocese initiated Yuvasampark which contains information of the youth all over the Diocese.

Several youth representatives, psychologists and counsellors from all over India on June 21, 2020 participated in a virtual discussion at 4.00 pm on the topic "Smartphone and internet addiction" organized by Indian Catholic Youth Movement Central Council Mangalore diocese in association with AutumnMind.com.

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Central Council, Diocese of Mangalore
in association with
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presents

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Indian Catholic Youth Movement
Central Council
Diocese of Mangalore
Organises

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"BECOMING A LEADER IS SYNONYMOUS WITH BECOMING YOURSELF.
IT IS PRECISELY THAT SIMPLE AND IT IS ALSO THAT DIFFICULT."
- WARREN BENNIS



BCT PRODUCTIONS

ಹಾಸ್ಟಿಂಗ್ ಉತ್ತಮ ವಿದ್ವಾಂ, ಭೇದಾಭಾಸಂ ಪರಿ ಮನ್ ಶಿಷ್ಯಾಂಜ್ ನಾಶ್ತಾಂ ಯುವಜನಾಂ ಧಾವ್



ಪ್ರೊ. ಪದೀಪ್, ಶೇಖರ್ | ರಾಜೇಶ್ ರಾಜೇಶ್, ಪಾಪುರಾಜ್ | ಅಶ್ವಿನ್ ರಾಜೇಶ್, ಅಶ್ವಿನ್ | ವೇಣು ರಾಜೇಶ್ MTG Winner
ಶೇಖರ್ ಕುಮಾರ್ ಪಾಪು, ಪದೀಪ್ | ಅಶ್ವಿನ್ ಪದೀಪ್, ಅಶ್ವಿನ್ | ಅಶ್ವಿನ್ ಪಾಪು, ಶೇಖರ್

DIOCESAN REPORT

The Divine Mercy Chaplet is a prayer seeking God's mercy and compassion. A prayer that reminds us how incomprehensible and infinite His mercy is. ICYM Mangalore Diocese conducted a prayer service seeking God's mercy during the challenging times of the pandemic.

They also conducted various awareness programmes on COVID-19 situation and the need for social distancing and safety precautions in the form of videos and poster. 'Mission Share and Care - 2021', an initiative that aimed at eradicating hunger in was held in Mangalore. The youth of the diocese distributed food and other supplies to assist families during the lockdown. They also visited an ashram at Vijyadka and spent quality time with the inmates.

Indian Catholic Youth Movement (ICYM) Central Council, Diocese of Mangalore in collaboration with Fr Muller Medical College Hospital, Kankanady and Fr Muller Hospital, Thumbay initiated Covid-19 vaccination drive with the aim to increase the vaccination rate in the diocese and to make vaccines available to the less privileged.

On the occasion of the Year of Youth -2019, Indian Catholic Youth Movement, Central Council Diocese of Mangalore built a house for a needy family of Adam-kudru, Permannur. The inauguration and blessing ceremony of the house was held on 28 March 2021.

ICYM Mangalore hosted "P.S.T.A - 2020", a virtual training programme for the newly elected Presidents, Secretaries, Treasurers and AmchoYuvak Representatives of all the Units of Mangalore Diocese. In addition, the youth of Mangalore diocese in association with Toastmasters Club, Mangalore organised "Eloquence" - an interactive workshop on enhancing public speaking skills on Sunday 28 February 2021 at St Aloysius College, Mangalore. Other activities such as Ephatha Bible Quiz, ConQuiz 74, webinars and other literary events were conducted by ICYM Mangalore diocese.

INDIAN CATHOLIC YOUTH MOVEMENT (ICYM)
CENTRAL COUNCIL, DIOCESE OF MANGALORE

Celebrates

NATIONAL 9 AUGUST

YOUTH SUNDAY 2020

NATIONAL YOUTH SUNDAY PROGRAMS

YUVA SAMPARK 2020	SOCIAL DISTANCING SELFIE
IMMUNITY BOOSTER	SAFETY FIRST SAFE ALWAYS

WWW.ICYMMANGALORE.COM

PROTECT YOURSELF AGAINST THE NEW CORONA VIRUS

 Clean hands with soap and water or alcohol-based hand rub.	 Avoid close contacts with people with cold or flu symptoms.
 Cover nose and mouth when coughing and sneezing with tissue or bend elbow.	 Avoid shaking hands and hugging.
 Wearing protective masks when going to crowded places.	 Avoid unanticipated contact with live wild or farm animals.

YOUR SAFETY FIRST !!!

SYMPTOMS

 COUGH AND BREATHING DIFFICULTY	 HEADACHE	 HIGH FEVER 38°	 NAUSEA AND VOMITING
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Contact nearest Healthcare centre if these symptoms are visible

INDIAN CATHOLIC YOUTH MOVEMENT
CENTRAL COUNCIL, DIOCESE OF MANGALORE

in Collaboration with
Father Muller Medical College Hospital
Initiates

COVID-19 VACCINATION DRIVE

Get yourself Vaccinated against Covid-19

COVISHIELD
Approved by Govt. of India

Scan to Register

Starting from June 24th

Time : 9:00 am to 3:00 pm

Venue : Father Muller Convention Centre
Entry from Pumpwell Gate

Cost Rs 750/- per dose

Register Online or Walk-in and Get Your Aadhaar / Passport / PAN Card / Driving License

PUTTUR DIOCESE

Malankara Catholic Youth Movement (MCYM) Diocese of Puttur conducted a wide variety of events over the year. They conducted a blood donation camp at Kidwai Memorial Institute of Oncology on World Blood Donor Day. The success of this event was published in the MalayalaManorama newspaper.

During the Christmas season they conducted a virtual carol singing competition- Kerygma 2020 from 1 to 24 December 2020 with an active participation of 55 members and A Global level Online Crib Competition. The results of the competition were announced on the official YouTube channel of MCYM Puttur and the cash prize was transferred to the winners.

The annual 40th Friday Way of the Cross of the year 2021 led by MCYM DK Region, Diocese of Puttur was held on 26 March 2021 at 3.00 pm by ascending Manjoli Mala, Kallugudde. Manjoli Mala is of historical significance to the Diocese of Puttur as it bears 40 years of struggle to build a Holy Cross Pilgrimage in the region. It is the dream, the pain and hardships of a small community of Migrated Christians in the small hillocks of Manjoli Mala of Kallugudde. The Way of the Cross was led by His Eminence Most Rev. DrGeevarghese Mar Makarios. The priests and Sisters of Puttur Diocese along with laity were present while ascending the hill commemorating the spiritual essence of the Passion of our Christ. The MCYM Diocese of Puttur unveiled their action plan for the year 2021-22 during the concluding ceremony.

With the slogan "The best time to plant a tree was 20 years ago, and the second-best time is NOW" the youth of Puttur diocese initiated a 'go green movement' on the occasion of World Environment Day. It was a month long initiative where they encouraged people to plant a sapling in order to do their part in protecting the environment. The pictures of the planted sapling and the fruit of their hard work were shared on social media platforms with the hash tag #GoGreenMovement.



DIOCESAN REPORT



SHIMOGA DIOCESE

During the COVID-19 pandemic about four to five young ICYM members of the Holy Family Church Chitradurga came together, prepared food and distributed it to the needy. Inspired by this the Sisters of St Joseph of Tarbes Convent and other youth members joined the team in preparing and distributing the meals to the poor. Around 450-500 food packets were distributed per day for about two weeks.

Yuvamitra Youth commission of the Diocese of Shimoga came forward with an initiative to help people in rebuilding their lives through Yuvamitra Help line with a caption "We Care 4U". Yuvamitra Helpline provided services like counseling, consultation, prayer support, emergency help... etc. Yuvamitra Helpline reached many people regardless of age and gender.

Yuvamithra Youth Commission also organized two spiritual rejuvenation programs called "Athmaabishekotsava" and "Prayer Time" which was streamed online through Streams of 'Inspiration' YouTube channel. "Athmabishekothsava" was streamed online every day at 7:00 pm from 16 May 2021 to 22 May 2021 focusing on the seven gifts of Holy Spirit by seven priests. "Prayer Time" was a special meditation on the gifts of Holy Spirit by 12 priests for 12 days. More than 1.4 thousand people took part online every day. It was streamed every day at 7:00 pm from 22 May 2021 to 04 June 2021. This one hour of special prayer included hymns, prayer of Holy Spirit, Bible reading, reflections, and special prayers for COVID-19 patients. It was truly a time of grace and blessing for all.

Apart from these events Yuvamitra also conducted online Lyrical Dance competition for the youth of the diocese.

DIOCESAN REPORT



Fr. Edward Philip SJ was appointed as AICUF KARNATAKA ADVISOR 2020-21



AICUF STATE ANIMATOR
Mr. Joswin Prince Rodrigues

AICUF STATE COUNCIL MEETING

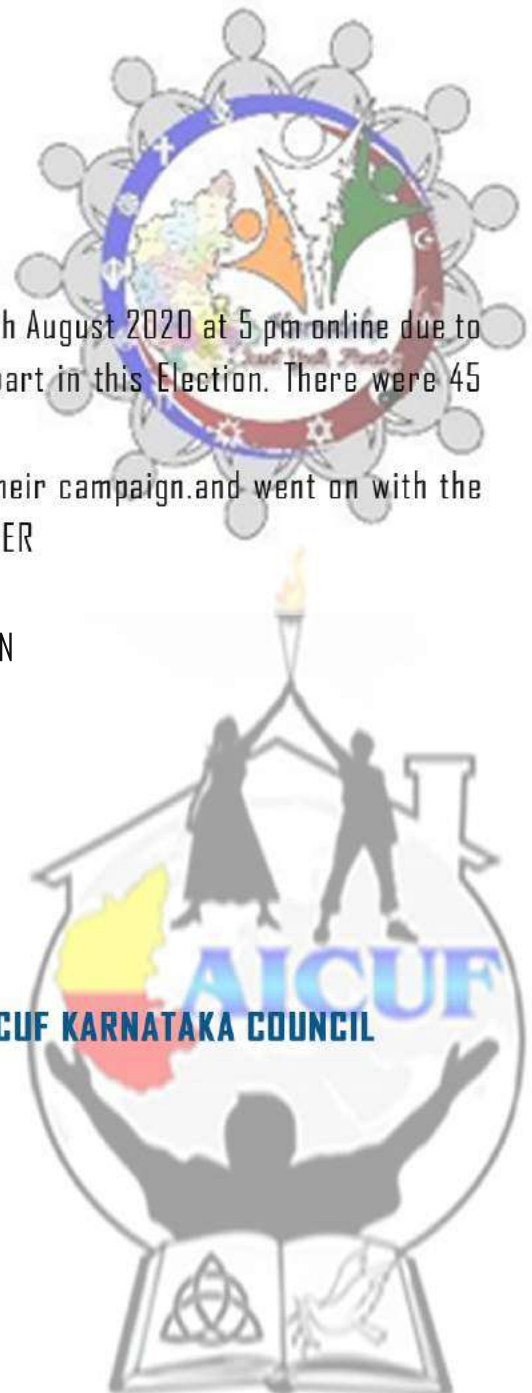
AICUF KARNATAKA organised State Council Election on 14th August 2020 at 5 pm online due to the pandemic. There were more than 21 colleges took part in this Election. There were 45 college representatives who were part of the election.

The election started with introducing themselves and their campaign and went on with the voting process of different post of NATIONAL TEAM MEMBER



PRESIDENT
NATIONAL COMMISSION
VICE PRESIDENT
SECRETARY
JOINT SECRETARY
DALIT COMMISSION
WOMEN COMMISSION
MEDIA HEAD

NEWLY ELECTED AICUF KARNATAKA COUNCIL MEMBERS

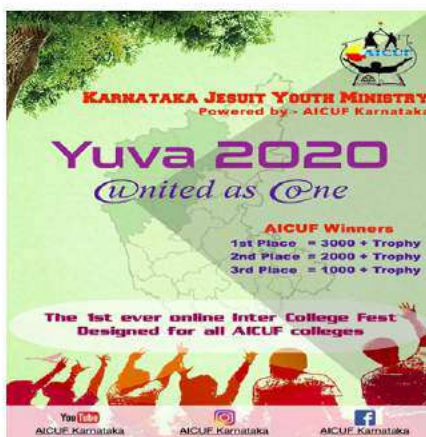


1. AICUF NATIONAL COUNCIL MEETING
2. NATIONAL LEVEL WEBINAR ON EMPOWERMENT OF THE GIRL CHILD
3. NATIONAL LEVEL COMPETITIONS TIME FOR NATURE
4. STATE LEVEL COMPETITIONS - YUVA 2020
5. NATIONAL LEVEL COMPETITIONS - MUSIKA
6. KARNATAKA JESUIT YOUTH MINISTRY - YOUTH COUNCILLORS
7. AICUF NATIONAL ELECTION
8. PROTEST AGAINST FR. STAN SWAMY'S ARREST BY NIA
9. SUPPORT BY COLLEGE STUDENTS FOR STAN SWAMY
10. HUNGER DRIVE (JOY OF SHARING)
11. WEBINAR BY AICUF KARNATAKA

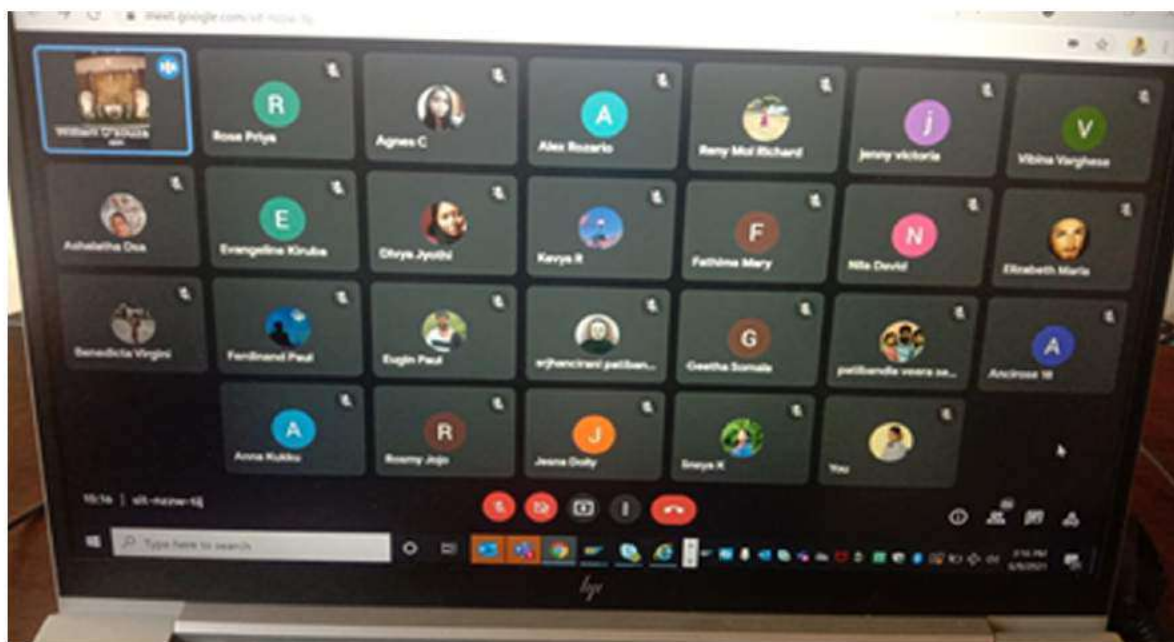
aicuf_karnataka_official



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Divine Mercy Prayer – Praying the Divine Mercy Rosary was initiated by Bosco Youth Director Fr. William D'souza SDB along with Parish Clergy and Youth, offering for the Intention of deliverance from Covid-19. The prayer was organized every day at 3:00 PM. We prayed for the individuals affected with Covid-19, the front liners, Doctors, Medical staffs, BBMP workers, volunteers, Christian community etc. Young people and associates of Bosco Youth across India took part in the prayer session everyday.



Online Sessions during the Lockdown

The lockdown during this second wave of COVID -19 brought life to a standstill. Yet, the Bosco Youth, Karnataka kept the group alive and active through regular Online Sessions every Sunday and on other weekdays. The topics we had the sessions on are the following: "Awareness on Mental Health Care," "Beyond Vaccinations, Fear and Helplessness, The Path Ahead of Humanity: Holistic Lifestyle for Today," "10 Core Values for the Youth Today," and "Life with God."

Relief Work during the Lockdown

Bosco Youth, Karnataka had been active all across Karnataka with the relief work during the second wave of Covid-19. Our young people were involved in the distribution of grocery kits, packing and distribution of medical kits and in the cooking and distribution of food packets.

Grief at the Loss of a Youth

Sad Demise

DBY, Lingarajapuram is extremely grieved at the sad and sudden demise of Prem Kumar, one of the very active members of DBY. He succumbed to the deadly Corona Virus on 19 May 2021. In expressing our solidarity with the bereaved family and friends of Prem, DBY organized a special Prayer Service to pray for his soul on 21 May 2021. Eternal Rest grant unto him Oh Lord, and perpetual light shine upon him. May rest in peace! Amen.



MIJARC KARNATAKA

Aiming at protecting the environment, MIJARC Asian Team conducted "Stay Fresh and Green", a series of competitions to sensitize both youth and children. They are as follows:

1. Best out of Waste (video presentation)
2. Poster Drawing
3. Webinar on "Implementation of Laudato Si to protect our environment" on the 4 June 2021.

"The youth commission of the Karnataka Catholic Bishops' Council actively supports the MIJARC's efforts to save mother earth and promotion of clean and green environment", said the Regional Youth Secretary, Fr Lourd Raj.

Mr Prajwal Rosario Lopez and Ms Deepthi Sofia are coordinators of Mijarc Karnataka. The Karnataka Region is happy to announce that Mr. Prajwal Lopez belongs to Karwar diocese Karnataka is elected to the office of Food and Sovereignty Commission at Asian Level. At present he is the regional representative to MIJARC Asia. The election was held through virtual meeting on 9th Jan 2021.

The main tasks of Food and Sovereignty Commission

- ☑ To give suggestion to MIJARC on how to work on food sovereignty to achieve its goals on the topic.
 - ☑ To Frame a concrete action plan and political proposals.
 - ☑ To analyze and promote concept of food sovereignty within MIJARC and in the local communities.
 - ☑ Promoting the concept of food sovereignty by distribution of Posters and pamphlets to the movements and other related institutions.
 - ☑ Lobbying and advocacy towards regional and international institutions on food sovereignty issues.
 - ☑ Participation in continental and world meetings related to food sovereignty.
 - ☑ Strengthening the work of movement members.
 - ☑ Coordination of the member movements on world trade liberalization, agricultural subsidies, local markets, GMOs, organic production and climate change.
 - ☑ Preparing training materials on relevant issues.
- We congratulate Mr Prajwal Rosario Lopez and wish success in his future endeavors.



A C T I V I T Y

YCS- Mangaluru releases a new handbook

Bishop Dr Peter Paul Saldanha released a new handbook for YCS (Young Catholic Students) in the diocese. The short release ceremony took place at Bishop's House at 3.00 pm on Tuesday 6 July 2021. The vicar general Msgr Maxim Noronha graced the event with his esteemed presence.

The Konkani book 'Ami Bhavadthi' meaning 'We the Faithfull' is a textbook for Sunday YCS meetings all over the diocese. The book consists of the constitution of YCS/YSM and 16 practical lessons through which faith, conscience, values, social awareness and patriotism is formed in teenagers. The English translation of the same is in progress.

The diocesan director Rupesh Madtha, committee member Richard Alvares Kulshekar, diocesan president Suraj Noronha Siddakatte, general secretary Carol Santhumayor Bejai, diocesan animator Prajwal Sequeira Derebail, diocesan coordinator Mervin Vas Ferar were present.

The YCS members gather mainly on Sundays in their respective parishes guided by animators and parish priests. YCS Mangaluru has 120 units in the 12 deaneries along with 45 YSM units in the diocese totaling 165 units consisting of around 3,500 teenagers guided by 200 animators. This is a part of the international YCS movement which also has a membership in UNESCO.

Young Catholic Students (YCS)movement

YCS-Udupi Diocese finds new office bearers

The Election for the Diocesan Executive Council of Young Catholic Students (YCS) Movement, Udupi Diocese for the year 2021-22 was held on 4th July 2021 at 03.00 pm through the online platform. Animators along with the presidents of all the units were present for the online elections.

Fr Chetan Machado, National chaplain of YCS/YSM, Fr Edwin D'Souza the Diocesan chaplain and Derick Mascharenhas the youth commission programme coordinator were present.

Melwyn Castelino the diocesan animator welcomed everyone followed by the keynote address by Fr Chetan Machado.

The office-bearers of the Diocesan Executive Council of YCS Udupi Diocese was elected for the Year 2021-22. Mr Melron Mendonca was elected as the President, Alwin Rodriguez as the Vice president, Viola Rosario was elected as Secretary and Joshitha Vaz as the media secretary. Rishon Barnes was elected as the treasurer and Avith Mathias as the Auditor.

After the announcement of portfolios the Diocesan Chaplain Fr Edwin D'Souza administered the oath-taking ceremony. He congratulated the new council and wished them all success in executing the responsibilities of their office creatively amidst the pandemic situation. The new council Secretary Viola Rosario thanked everyone for their participation in the online meeting.



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WALK WITH SAINTS

Carlo Acutis was born on May 3, 1991, to Andrea Acutis and Antonia Salzano. Carlo was a very ordinary 21st century teenager who was cheerful, fun-loving and outgoing youth. He was known to stand up for bullied kids at school, loved the poor and went around the city giving money and food to the homeless.

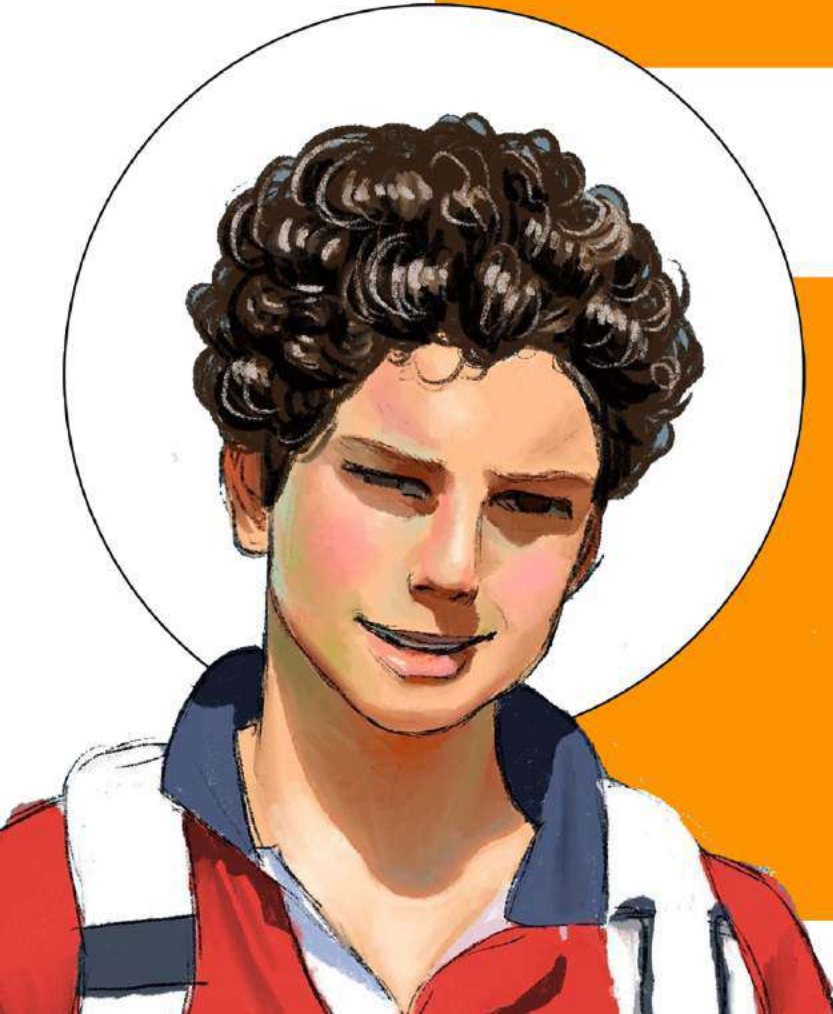
This young man had an outstanding faith and love for God. He attended the Holy Mass daily, uninterrupted since the age of seven and called the Eucharist his highway to heaven. He believed that if people understood the true presence of Christ in the Eucharist and the amazing Grace that we received from it, their lives would be transformed.

Carlo frequented the Sacrament of Confession and Eucharistic adoration and recited the rosary daily. He deeply loved Our Lady and remarked that Mary is the only woman in his life. Carlo's relationship with Jesus and Mary was at the very centre of his life and found great happiness in doing God's will. By his courage, enthusiasm and commitment to his faith, Carlo even managed to bring his friends and peers closer to God. He was fascinated by technology and by the time he was nine he became interested in computer programming. His mother bought him college level textbooks and he began to teach himself to programming. He eventually expanded his skills to video making and animation.

As a teenager Carlo was diagnosed with leukaemia. He said "I offer all the suffering I will have to suffer for the Lord, for the Pope, and the Church". He had asked his parents to take him on pilgrimages to the sites of all the known Eucharistic miracles in the world. He travelled to many of these sites and photographed them to create a virtual museum of miracles. He created a website presenting all the Eucharistic miracles of the world. He once said, the more Eucharist we receive, the more we become like Jesus, so that on this earth we will have a foretaste of heaven.

Carlo died on 12 October 2006. The funeral was packed with friends and all those who were touched by the life of Carlo. His sanctity in life was already around and people began to pray through his intercession; his mother received many accounts of people who were changed due to Carlos' witnesses of faith. He was beatified on the 10 October 2020. Carlo once said, 'our aim has to be the infinite and not the finite, the infinite is our homeland and we are always expected to be in heaven'.

Bl. Carlo Acutis



*I have fought the good fight
I have finished the race
I have kept the faith*

.....2 Tim 4:7

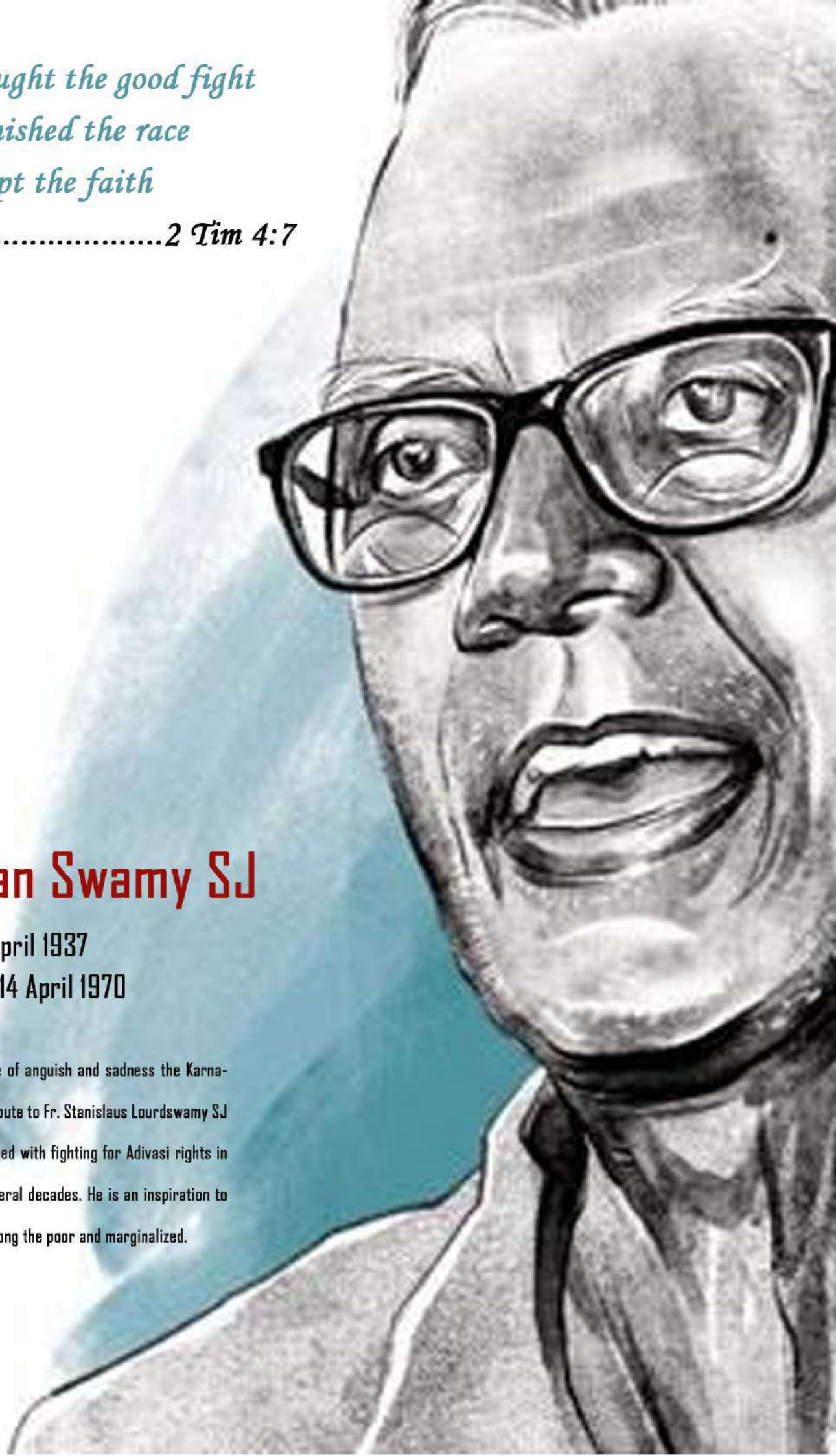
Fr. Stan Swamy SJ

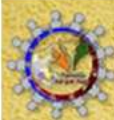
Born : 26 April 1937

Ordained : 14 April 1970

With the deep sense of anguish and sadness the Karnataka Region pays tribute to Fr. Stanislaus Lourdswamy SJ who has been engaged with fighting for Adivasi rights in Jharkhand over several decades. He is an inspiration to all of us to work among the poor and marginalized.

Adieu Fr. Stan





Karnataka Jesuit Youth Ministry

Join us in welcoming our dear Fathers



Fr Maxim Dias SJ
Youth Coordinator
Bangalore Region
AICUF State Advisor



Fr Edward Philip SJ
Province Coordinator for Youth Ministry
Coordinator - North Karnataka Region



Fr Joy Rodrigues SJ
Youth Coordinator
Mangalore Region

Best Wishes from The Karnataka Jesuits



Heartly Welcome & Congratulations



Sr Magdalene Pakianathan DC

for being appointed as
JOINT SECRETARY & LADY ANIMATOR of
Karnataka Regional Youth Commission
[KRYC]



Fr Rino John
DYD Puttur



Fr Charles Menezes
DYD Udupi



Fr Mathew Mechirackal CMF
DYD Mandya Diocese



Fr Joseph Cheeran
DYD Belthangady



MCYM Diocese of Puttur



Welcome
Rev Sr Sophia DM

Newly Appointed Co-Ordinator,
MCYM Diocese of Puttur

The MCYM Diocese of Puttur welcomes our newly
appointed Co-Ordinator Rev Sr Sophia DM.

APPOINTMENTS



Mr. Benreuben
Vice President



Ms. Krithika J
Secretary



Mr. Jaison Pereira
ICYM PRESIDENT



Rev. Fr. Lourd Raj
Executive Secretary



Sr. Jessy Rita
Joint Secretary



Bp. Henry D'Souza
Chairmen



Rev. Fr. Thomas Bores
DYD Rep



Sr. Blessy Mores
DYLA Rep



REXCO 2019 - 2021



REXCO 2019 - 2021

"If your actions inspire others to dream more, learn more, do more and become more, you are a **LEADER."**



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