

# COMMISSION FOR YOUTH

## Report Mar - Aug 2023

### **Vision:**

Karnataka Catholic Youth strongly rooted in Jesus Christ for a better world

### **Mission:**

Empowering the Catholic youth through integral formation - with deeper commitment to Catholic faith and gospel values; becoming true disciples of Jesus Christ.

### **Goal:**

Empowered and committed Catholic youth ready to involve themselves in the transformation of the Church and the Society.

**Objective 1:** By the end of June 2024, at least 40% of the Catholic youth participate regularly in all the spiritual activities organized by parishes and youth movements.

No.	Activity	Persons Responsible	Place and Date	No. of participants	Method/procedure	Result/outcome	Impact on the participants
1	<b>Youth Retreat</b> DIVYOTSAVA-23	The Regional Team & Logos Youth Movement	Logos Retreat Centre in Bangalore	80	Praise & Worship, sessions on spiritual growth,	It rejuvenated the spirit of youth to grow spiritually.	Spiritual service and a sense of prayer and reflection.
	Diocesan Youth Retreat	Fr Pius D'souza	Shimoga	80	confessions, Taize cross		
	Diocesan Youth Retreat	Fr Steven Fernandes	Udupi	340	Adoration, various prayers for the youth and the children of the deanery.	Good crowd of people attended, parishioners, youth and others.	
3	<b>Youth Sunday</b>	Fr Pius Dsouza Fr Stevan Fernandes Fr Remi Jose Fr Sachin Fr Roshan	Shimogha Udupi Bellary Gulbarga Mangalore	Each parish	Liturgy celebrated by all units in their respected parishes. Seminar.	Sense of unity as youth belonging to a catholic community. learnt that they belong to the	A good count of units celebrated the event.

						Church and the Church belongs to them	
4	<b>Prayer Meeting</b>	Fr Pius Dsouza Fr Nikhil	Shimogha Bhadravathi	50 100	Spiritual inputs to the youth, workshop conducted in all the parishes, deaneries, and diocesan level.	Youth understood the spiritual aspects of working together.	Synodal mode is being carried out to all the parish youth.
5	<b>Way of the Cross</b>	Fr Steven Fernandes	Udupi	250	Reading and enactment	Spiritual nourishment	

**Objective 2:** By the end of the 2023, at least 60% of the youth know the content of the books You Cat and Do Cat.

No.	Activity	Persons Responsible	Place and Date	No. of participants	Method/procedure	Result/outcome	Impact on the participants
1	Training on YouCat/DoCat	Fr Steven Fernandes Fr Roshan	Udupi Mangalore	50 40	Training and Group discussion	Youth actively involved	Gained knowledge

**Objective 3:** At least 2,000 addicted youth in Karnataka are de-addicted – capable of sobriety, leading normal life by 2024.

No.	Activity	Persons Responsible	Place and Date	No. of participants	Method/procedure	Result/outcome	Impact on the participants
1	Awareness Programme On Addiction	Fr Pius Dsouza	Shimoga	40	Intensive Training Programme in Youth/Couples Training Through talk and seminar and discussions, LCD projector	Trained Counselors are now Volunteering in the Archdiocesan Counseling Centre 7 days a week.	To be vibrant youth and Encouraged them to make use of the opportunities available They were made aware of the problem of unhealthy use of drugs and alcohols.
		Fr Ashwin	Mangalore	75			
		Fr Roshan YSM/YSM	Mangalore	60			

**Objective 4:** By 2024, every parish in Karnataka has a unit of ICYM /YCS or such other youth movements and 50% of the parish youth are members and are regularly attending the meetings.

No.	Activity	Persons Responsible	Place and Date	participants	Method/procedure	Result/outcome	Impact on the participants
1	Deanery Office bearers Meets	Fr Remi Jose Fr Sachin Fr Ashwin Fr Pius Fr Steven Fr Sachin	Bellary Gulbarga Mangalore Shimoga Udupi Gulbarga	70 35 40 25 30 100	Motivated the youth to actively participate in all activities of the parish.  One day seminar Exhortation/Discussion, Power Point, Group Discussion, Talk, Sharing. Interaction, Cell Meetings	Unit Youth leaders are trained to conduct meetings and to plan the activities of the year.	Creation of Youth Groups at Parish Level  Motivated
	Council Meeting	Fr Remi Jose	Bellary	30			
	Recharge Programme in different Forane	Fr Nikhil Fr Thomas	Badaravathi Bangalore Forane				
2	Leadership Training/ Orientation Programme	Fr Remi Jose	Bellary	60	Input Session, Group Activities, workshop and games	The youth got trained on leadership and were charged to take up few responsibilities	learnt the skills to put into practise
		Fr Steven Fernandes	Udupi	80			
		Fr Nikhil	Bhadravathi	50			
		Fr Sachin	Gulbarga	35			
3	Formation of New Team	Fr Roshan	Mangalore	20	Input Session, Group Activities and sharing, workshop and games	The youth got trained on leadership and were charged to take up few responsibilities	
		Fr Steven Fernandes	Udupi	30			
		Fr Sachin	Gulbarga	65			
4	YCS/YSM COUNCIL	The Regional Team	NBCLC, Bangalore	45	Input session, Activities and sharing. Audio Visual, input session and group activities	Exited to train youth leaders at diocese level and unit level	Resourceful
	YCS Orientation & Training Programme	Fr Pius Fr Steven	Shimoga Udupi	20 30			

	YSM Animation Programme	Fr Pius	Shimoga	890			
	YCS/YSM Animators Training Programme	Fr Roshan Fr Steven Fr Sachin Fr Avinash	Mangalore Udupi Gulbarga Mysore	65 45 400 230			
5	Animators Training Programme	Fr Roshan  Fr Pius  Fr Steven Fernandes	Mangalore  Shimoga  Udupi	45  35  150	Input Session, Group Activities, workshop and games and Election		
6	<b>Youth Convention</b>  Diocesan Youth Convention  Deanery Youth Convention    YCS/YSM Convention	Fr Remi Jose and Team Fr Pius Fr Steven Fernandes  Fr Steven Fernandes and Team	Bellary  Shimoga Udupi  Udupi	300  130 5 Deane ries  350	Input Session, Animation, group activities,  Sessions by resource Persons and Cell meeting, Exposure	Made the children to aware about present condition of the nation	

**Objective 5:** 80% of Catholic youth of Karnataka undergo adequate career guidance by 2024.

No.	Activity	Persons Responsible	Place and Date	No. of participants	Method/procedure	Result/outcome	Impact on the participants
1	Re-Shape Career Guidance Seminars	Fr Pius	Shimoga	186	speakers providing information and opportunities in higher education	Greater Clarity about varied Options in Careers	Greater Clarity about varied Options in Careers.
	Career Guidance for the PUC Students	Fr Christu and Sr Leena	Gulbarga	30	Power point presentation and talk	Students got the information	Students were made aware of the choice

**Objective 6:** At least 25% of the unemployed catholic youth in every Diocese is gainfully employed / self-employed by 2024.

No.	Activity	Persons Responsible	Place and Date	No. of participants	Method/procedure	Result/outcome	Impact on the participants
1	Udyoga Mela	Fr Remi Jose, Fr Yagappa	Bellary All year long	500	Youth Participated in Job Opening.	Many youth are able to find job through the information.	
2	KRYC App	Regional Director	Karnataka	Entire Karnataka	Through Social Media	Sharing Job Orientation Programme and opportunities	

**Objective 7:** At least 50% of the youth is empowered and are motivated to stand against all kinds of abuses and harassments on youth by 2024.

No.	Activity	Persons Responsible	Place and Date	No. of participants	Method/procedure	Result/outcome	Impact on the participants
	We Care counselling teen & Youth	Fr Pius & Team Fr Ashwin	Shimoga Mangalore	50 Regular	Listening, one to one sharing	Giving hope to the youth	Confidence level is improved
	Youth helpline (Yuvamitra)	Fr Pius & Team	Shimoga	Regular		Youth who posted derogatory comments were arrested and action was taken.	Protection of catholic dignity and communal harmony was secured.

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## Action Plan

WHAT?		HOW?	WHO?	RESOURCES	DATE & PLACE
What is the activity to be done	What is the result or outcome expected from	Method/procedure people's involvement	Persons/Group responsible	Hall, equipment, finance, resource persons etc	Tentative or scheduled time , date and place
YCS/YSM Animators Training Programme	To strengthen YCS unit in the state	Sessions group discussion and activities	Diocesan Animators		November
ICYM Council	Get together with the directors	Sessions and discussion	Youth directors and leaders		December
Leadership training programme	To promote youth leaders in church and society	Sessions and discussions	DEXCO & REXCO		January-2024
YCS/YSM Regional convention	Study sessions, Cell Meeting and exposures	Discussion and information will be shared	Students		April-2024
YOUCAT Training Programme	Catechising the youth in faith	Sessions and activities	DEXCO, REXCO and animators		One year

Most Rev. Dr Henry D'souza  
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