

# COMMISSION FOR YOUTH

## Report Aug 2023- Aug 2024

### Vision:

Karnataka Catholic Youth strongly rooted in Jesus Christ for a better world

### Mission:

Empowering the Catholic youth through integral formation - with a deeper commitment to Catholic faith and gospel values; becoming true disciples of Jesus Christ.

### Goal:

Empowered and committed Catholic youth ready to involve themselves in transforming the Church and the Society.

**Objective 1:** By the end of June 2024, at least 40% of the Catholic youth participate regularly in all the spiritual activities organized by parishes and youth movements.

Sl. No.	Activity	Persons Responsible	Place and Date	No. of participants	Method/procedure	Result/Outcome	Impact on the participants
1.	<b>Mandya</b> Ground Zero	Central team	St. Augustine church, Marian Halli, 13-14 <sup>th</sup> April 2024	250	Sessions, discussions, Sharing, Suggestions	Connect with representatives from different parishes to draft a plan	Successfully brought leaders from each parish, addressing common issues creating a unifying vision for the future, and guiding the plan and initiatives

2.	Horeb	Central Team	Christ State School, Koramangala, 7, 8, 9 <sup>th</sup> June 2024	750	A three-day organized retreat led by Christ's cultural team, inviting ten from each parish to participate.	Spiritual revival of the youth, a life-changing event for many, there were testimonies of healing.	Strengthened the participants' spiritual connections, boosted their enthusiasm, and created a sense of community among the participants who reported a renewed sense of faith and commitment, inspired them to apply the lesson learned in their daily lives.
3.	Vachanolsavam	Central Team	St. Francis Institutions, Koramangala,	800		Developed strong interpersonal relationships, highlighted the talents of the youth, and gained confidence in their abilities, leading to a more cohesive and dynamic community.	Inspired to work together, exploring potential in new ways, creativity flourished, created a supportive environment, leaving a positive impact on personal and collective development.
4.	<b>Shimoga</b> Youth Prayer Meet	Diocesan Youth Director Lady Animator President Other members of DEXCO And Year of Youth Committee members	Shimoga	50	Formal Prayer and intentional prayer	It was a gathering of young people from a youth prayer group. Bringing youth in prayer, fostering faith and community spirit. The atmosphere was filled with faith and devotion.	Brought faith and devotion. A spiritually uplifting experience for all the participants

5.	Be Rooted- Youth Fest	Diocesan Youth Director Lady Animator President Other members of DEXCO And Year of Youth Committee members	May 10 to 13 2024	300	Inaugurated by Holy mass, resourceful sessions, Cultural activities, spiritual activities, parental and animator program	. This event aimed to inspire youth towards unity, encourage them and make them into a better human for the future. It brought nourishment in youth, motivated them to bring up their talents, rooted in various aspects to grow strongly and deeper their insights for a better tomorrow.	Participants' active involvement was found, rooted in Christ for their future, they were inspired by sessions of various resource persons, the power of coming together as young people, celebrating faith, and being inspired to make our world a better place.
6.	DEXCO pilgrimage to Harihar	Diocesan Youth director, lady animator, president, other members of Dexco, and year of youth committee members	Harihar 3.7.24	14	Holy mass, Novena, group prayer	All were devotionally involved. Got an opportunity to increase faith in youth, and visit to involve with other pilgrims from different places.	Increased their faith, improved interaction, and spiritual involvement
7.	One time Prayer	Rexcos's	10.3.24	As per parishes	As per parishes	This is the concept of conducting prayer in the diocesan parish.	Created awareness about prayer, increased faith, and spiritual involvement
8.	ApoorvaYuvaS angama Mangalore	Diocesan Youth Director Lady Animator	July 7 2024 Mangalore		Holy Mass, Interactive session and sharing session	To gather all youth of our diocese who are working in these respective places and create a group, so that in case of any need	Feeling of Hope Happy Involvement

		President AYSM Coordinator				for our youth they can contact the group	
9.	DEXCO and DTS Reunion	Director, animator, president, members of DEXCO and DTS, Year of Youth committee members	25.5.2024	30	Sharing and interactive sessions, Holy Mass	Sharing of experience being in youth ministry, an opportunity to learn from each other, a new insight was built by listening to others, sharing led to a sharing	The DEXCO and DTS experience sharing brought home lots of learnings and learned from mistakes and it was a reciprocated learning.
10.	<b>Belgaum</b> Pilgrimage to Holy Cross Hill Nandagad	DEXCO	Miraculous Cross Nandagad 25.04.2024	600	One day pilgrimage was held for all the youth of the diocese and enactment of the stations of the cross was done by youth followed by Eucharist	participation of youth in the passion of Christ	Youth were able to go a little deeper into the sufferings of Jesus on the way to Calvary.
11.	Yuvachethanay athre	PEXCOS and ZEXCOS	Depends on PEXCOS	All youth of the parish	Carrying the statue of the Sacred Heart of Jesus, the portrait of Gonzalo Gracia and Carlo Acutis and conducting prayer in the respective houses.	It is an ongoing event, every house in the diocese is blessed with the Sacred Heart of Jesus, motivated by our patron Gonsalo Gracia and Carlo Acutis	Blessed feeling, spiritual growth, involvement
12.	Youth pilgrimage on foot	Director, Animator, president, Dexco and year of youth committee members	Sagara 23.3.2024	50	Conducting way of the cross around 14 km with one station each km	The pilgrimage went well as planned, especially in the season of Lent, a spiritually motivating event	Devotion, motivation, patience, spiritual growth, involvement

13.	Handle with care	Director and Animator	While visiting parishes	40	Conducting while visiting, gathering parents and interacting with them, instilling hope to let their children do youth ministry	Awareness for parents how to deal with their children, having good interaction, guiding them to deal with their children and sending them for youth ministry.	Got awareness, increased belief, positive viewpoint, encouraging parents.
14.	<b>Bhadravathi</b> Rise Up 2k24 (Bangalore Get Together)	Diocesan Team	Bangalore 25.03.2024 2024	50	Spiritual Exercises, Classes, games, animations,	Youth can unite and relish the joy of being together	Outstanding
15.	Effatha Youth Retreat	Fr. Jacob Chakkathara & Team	Bodhana Pastoral Centre 24 <sup>th</sup> 25 <sup>th</sup> & 27 <sup>th</sup> of May 2024	100	Talks and Spiritual Exercises	Youth could experience a spiritual refreshment	Excellent
16.	<b>Belgaum</b> Spiritual orientation Program (Belgaum)	Hubli Dharwad deanery youth	Infant Jesus Church Hubli 17.03.2024	120	It was a day of prayer, adoration, and confessions as a preparation for Christmas	Many youths took part and learned to pray a little better and deepened their faith	Many youth were spiritually enriched.
17.	Retreat	Fr. Harry, Fr. Jeo and Sr. Blessy	St. Micheal's Church Hubli 8.3.2024	60	Adoration, confessions, and sessions on sin and its effects were witnessed by youth	Deepened the faith of youth	Youth were able to learn about the seriousness of the sin and the importance of the sacrament of reconciliation
18.	Retreat	FRs. Harry, Fr. Jeo and Sr. Blessy	Divine Mercy Church Belgaum	60	It was delivered by Fr. Joseph D'Souza OCD and the team to the	Healing session during adoration	Youth were able to know the importance of the word of God,

					Divine Mercy, Church. It was based on the word of God and its importance in the life of the youth.		strengthened the faith of the youth
19.	<b>Mangalore</b> ICYM Mangalore Diocese observes National Youth Sunday with a Cleanliness Drive		August 15, 2024	-	ICYM Central Council, Mangalore Diocese observed National Youth Sunday by conducting a Cleanliness Drive across the Diocese.	Unit members actively participated, dedicating 60-90 minutes to cleaning public areas, bus stops and church premises.	This initiative aimed to promote environmental cleanliness and community service.
20.	Bless me, Father		May 05, 2024 St. Zuze Vaz home in Jeppu	15	ICYM central council hosted the event 'Bless Me Father'. This gathering was a heartfelt tribute to the retired senior priest of the Mangalore diocese.	Inter-generational connection. Gained valuable life insights from the priest's experience.	Inspiration and Role modelling from the senior priest's life example.
21.	<b>Karwar</b> Step with God	Bhatkal deanery Fr. Villet Gladson	13.07.24 Holy Cross Church, Manki	300	Motivational talk, Animation, Way of the Cross	Good response, and active participation	Fruitful time spend with Jesus, guiding to march towards the light of Christ.
22.	Sparsh	Kajubag deanery Fr. Roshan Jesley, Akwil and Mona	09.03.2024 Our Lady of Piety Church, Halga	60	Input session Animation, Adoration, Way of the Cross	Effective interactions, involvement in team building activities, plans to serve as good faithful of the church.	Youth experienced the touch of Christ and a , deeper understanding of the passion of Christ, to follow after the example of Christ.

23.	Lenten Retreat	Honnavara Deanery Fr. Johnson, Melwin, Royston Dias		300	Stage programme, Talk by Fr. Dr. Baptist Gomes, Group discussions, Activities, Mass, Live Way of the Cross Report reading of the parishes	Learning a lot of things about the different aspects of marriage	Received insight into the importance of marriage and the responsibilities as a youth in their parishes.
24.	Lenten Youth Pilgrimage	Kone deanery Fr.Sachin, Fr. Nirmal Joyal, Shreya, Shalome	17.03.2024 St. Joseph's Vazsancoal, St. Francis Xavier, Old Goa	42	Way of the Cross, Holy Eucharist, Activities	Opportunity to visit the pilgrimage place and pray, spiritual growth and community building	Learned to come together as one family, and lead life in love, truth and faithfulness.
25.	Evening with Jesus	Sirs deanery, Fr. Silvan, Sheral	16.03.2024 Don Bosco Church, Sirsi	60	Praise and worship, Confessions, Healing service, Mass, Animation	The event helped everyone to reflect, forgive and heal	Experienced healing touch, relaxed, increased intimacy with the blessed sacrament, strength for a better life, burdens became light through confessions.
26.	Lenten Pilgrimage	Kumta deanery, Fr. Arun Paul	17.03.2024 Our Lady of Sea Church, Bankikodla, Gokarna	100	Talk by Fr. Chrisostom Rodrigues, Group discussions, Activities, Mass, Way of the Cross, Reading the report	Learned many things about current affairs, the future and studies.	Emerging necessity of Educational competence, and somatic wellness.

	DEXCO online meeting	DYD, DEXCO members	02.06.2024	12	Prayer by Sharel, Decisions made on the following: <ol style="list-style-type: none"> <li>1. Pavsacho Utsav,</li> <li>2. Tagline: Fly High it's July</li> <li>3. Timetable for sports,</li> <li>4. Registration and advertisement, sponsor responsibilities, food,</li> <li>5. Next meeting on the formation of a committee</li> </ol>	Plans for the sports program	New suggestions and ideas emerged for sports and future plans.
27.	Lenten Night Vigil Prayer	Youth Commission, family commission & sacred heart church	7 <sup>th</sup> March 2024, Sacred Heart Church	1 youth	Talks, Adoration & confession, holy Eucharist		
28.	<b>You Cat Karnataka</b> Night Vigils on 2nd and 4th Saturdays	YOUCAT Karnataka Team	Logos Retreat Center, Saturdays	250+	Collaboration with Logos Retreat Center, discussion on Youcat questions, talks, adoration, and full-time commitments.	Regular participation; spiritual awareness increased.	Stronger connection to faith, greater involvement in Spiritual activities.



29.	Exposition of Relic of St. John Paul II	YOUCAT Karnataka Team	Logos Retreat Center, Date TBD	2500+	Organized a veneration service; facilitated songs published on Spotify by Youcat Karnataka.	High engagement and reverence; successful release of three songs on Spotify.	Strengthened devotion to saints, increased musical creativity within faith.
30.	YOUCAT Study Groups in Parishes	YOUCAT Karnataka Team	Across Karnataka, Chennai, Northeast India	300+	Study groups focused on YOUCAT questions; regular meetings in various locations.	Consistent learning and discussion on Catholic teachings.	Enhanced knowledge of Catholic faith, improved communal participation.
31.	Retreats at Various Locations	YOUCAT Karnataka Team	Mount Carmel Autonomous College, St. Philomena's Cathedral, Mysore (Youth Convention)	300+	Conducted spiritual retreats; invited speakers; prayer and reflection activities.	Positive reception; participants requested more such retreats.	Renewed spiritual dedication, increased connection to Catholic teachings among youth in academic settings.
32.	Organized & Conducted Marian Novena for KRYC	YOUCAT Karnataka Team	Online	300+	Circulation of Novena through posters & also through mobile app (Nas daily)	Irrespective of the age group people were motivated to do the Novena because of the user friendly method Followed.	Increased the devotion towards our Blessed Virgin Mary
33.	Visit of Dr. Theresia Theuke , YOUCAT International Director to our lighthouse project	YOUCAT Karnataka Team	Logos Retreat Center	250	Attended observatory session by Dr. Theresia Theuke , who had expressed her views on youth formation	Helped us to more formalize our working approach	Renewed spiritual dedication

34.	Release of the YOUCAT book "The way of dialogical Catechesis" at WYD Lisbon	YOUCAT Karnataka Team	Lisbon City, Portugal	70+others	Release of the YOUCAT book "The way of dialogical Catechesis"	Significant global attention and positive reception of the book.	Increased international collaboration, strengthened catechesis approach for future teachings.
35.	Train the Trainer International with YOUCAT Indonesia	YOUCAT Karnataka Team	St.Francis Xavier Cathedral and Holy Ghost Church	100 +	Collaborated with YOUCAT Indonesia to deliver Train the Trainer sessions internationally.	Trainers equipped to spread YOUCAT teachings globally.	Empowered new trainers, enhancing catechesis reach and quality.
35.	YOUCAT Training for other youth movements - RVYM ,Salesian co-operators, Jaago - Jesus youth national conference.	YOUCAT Karnataka Team	Various Locations	500+	Conducted YOUCAT training sessions to equip youth movements with catechesis resources and skills.	Successful collaboration with other youth movements; expanded YOUCAT's impact.	Enhanced skills and spiritual understanding across diverse youth groups
36.	Diocese level workshops - Chikmagalur, Puttur, Mysore, Shimoga, Mangalore, Udupi.	YOUCAT Karnataka Team	Chikmagalur, Puttur, Mysore, Shimoga, Mangalore, Udupi	300 +	Conducted diocese-specific catechesis workshops, focusing on local youth engagement and spiritual growth.	High participation and local youth engagement; positive feedback.	Strengthened regional youth movements, inspired deeper involvement in catechesis at diocesan level.
37.	<b>Bangalore</b> Via Crucis,	Diocesan	St Mary's Church Shivajinagar,	300-500	Making of the cross with thermocol sheets Distribution of candles	Well-organized spiritual event Got to know many	Enjoyed and Received spiritual healing. Good meal.

	Way of the Cross	Executive Committee	Bengaluru. 10 <sup>th</sup> March 2024		along with stone piercings 14 stations of the cross read by the Diocesan Executive Committee and even the choir Concluded with Adoration and lunch.	youths from other parishes.	
38.	A Day Out With Jesus	Diocesan Executive Committee & PDDM	Guru Yesu Bhavan, St Marks Road Bengaluru. 17 <sup>th</sup> March 2024	50 - 60	Society of the Pious Disciples of the Divine Master collaborated with Diocesan Executive Committee. We had invited the President, Secretary and Treasurer of all the Parishes for a spiritual retreat and group activities. Started with Registrations and concluded with lunch and Holy Eucharistic Celebration.	Well organized event. Got to socialize with the youths, spent valuable time with God's presence	Socialized and spent valuable time with God, Good meal.
39.	Taizè Prayer	Diocesan Executive Committee & SJEY	St John the Evangelist Church, Bengaluru. 24 <sup>th</sup> March 2024	200 - 300	Diocesan Executive Committee collaborated with St John the Evangelist Church. Started with the Holy Eucharistic Celebration followed by Taize Prayer and concluded with Snacks.	Beautiful event, very well organized. Calm and silent meditation, felt Gods presence	The youth were extremely happy and felt really blessed to be apart of this beautiful Taize prayer.

40.	Marian Walk	Diocesan Executive Committee	Sacred Heart Church and St Mary's Basilica, Bengaluru.  1 <sup>st</sup> September 2024	700	Registration and distribution of snacks for all the youth. Holy Eucharistic Celebration at Sacred Heart Church, by his Lordship, Most Rev Dr Joseph Susainathan.. Distributed Rosaries to all. The Procession started from Sacred Heart Church to St MarysBasilica, the Palanquin was carried by all the parishes.	Marian Walk was a blessed and well-organized event. The Marian Brothers guided and helped us by reciting the rosary.	All the youth were extremely happy and felt blessed for the Holy Marian Walk
41.	Episcopal Ordination	Diocesan Executive Committee	St Francis Xavier Cathedral, Bengaluru.  24 <sup>th</sup> August 2024	3500 -4000	Episcopal Ordination of Msgr. Arokiaraj Satish Kumar and Msgr. Joseph Susainathan. Holy Eucharistic celebration from 9 am onwards. Diocesan Executive Committee along with Bangalore youth had helped and supported in Volunteering for the Mega event of the Archdiocesan of Bangalore.	It was a huge success, and the event went very well organized.	

42.	<b>Karwar</b> Dexco online meeting	DYD DEXCO members	02.07.2024	11	Discussion on the upcoming program	Decided on the following upcoming programs: 1. training for newly elected deanery office bearers, 2. one-day program for youth, 3. parish unity consequence, 4. Felicitation for Fr. Royston on July 17 <sup>th</sup>	Shared ideas and gave suggestions on future plans, also including those that would help to implement in the diocese.
43.	DEXCo meeting with Bishop	DYD DEXCO members	10.07.2024 Diocesan pastoral center	14	Future Plans and Felicitation to the Bishop	Discussion of new ideas brought by the youth, sharing with Bishop, suggestions given by the youth for commission,	Personal sharing, sharing of new ideas, future plans, new ideas to implement in the diocese.
44.	Online meeting	DYD DEXCO members	01.08.2024	11	Decided date, venue, and time for the training program, mass, group discussion, details of other programs, ICYM anthem, Felicitation for the outgoing DYD	Entrusted the responsibility to the respected youth	New ideas and suggestions emerged, future plans, aspects of service, exposure to the youth
45.	Cultural Event	Kone deanery	August 25, 2024, Holy Cross Church, Shirvar	62	Input sessions, talks, Group discussions, and Cultural program	Learned valuable things from the program	The youth came to know each other, interaction with the youth

**Objective 2:** By the end of the 2023, at least 60% of the youth know the content of the books You Cat and Do Cat.

SL. No.	Activity	Persons Responsible	Place and Date	No. of participants	Method/procedure	Result/outcome	Impact on the participants
1.	<b>Bhadravathi</b> Online You Cat Study	Fr. Libin Fr. Subin Fr. Praveen Fr. Sanu	On Every Sunday	Many	Online Video Presentation	Youth understand the Church teachings	Excellent
2.	Debates on Catholic Topics	YOUCAT Karnataka Team	Various Locations	200+	Organizing debates on relevant Catholic issues to encourage intellectual engagement.	High level of participation and critical thinking.	Improved communication skills and, a better understanding of faith-based issues.
3.	Online Charism Workshops	YOUCAT Karnataka Team	Online	100+	Monthly online workshops on Catholic topics, in collaboration with Logos Retreat Center.	Positive feedback from participants, and strong online engagement.	Encouraged spiritual growth even in virtual settings, and improved digital outreach.
4.	Catholic Movie Nights	YOUCAT Karnataka Team	Logos Retreat Center, Monthly	150+	Screening of Catholic movies followed by discussions on YOUCAT-related questions.	Good turnouts; participants engaged in deep discussions.	Strengthened understanding of Catholic themes in popular media, and increased youth interest.
5.	Potluck Events	YOUCAT Karnataka Team	Logos Retreat Center, Holy Ghost	150+	Collaborative event where participants bring and share	Strong community bonding; cultural exchange among	Enhanced sense of belonging, mutual

			Church		food; prayer sessions included.	participants.	understanding, and unity.
6.	Memorandum Release	Rev Fr Vivian Richards	St Francis Xavier Cathedral, Bengaluru.  21 <sup>st</sup> March 2024	100	During the Chrism Mass, His grace, Most Rev Dr Peter Machado, the Archbishop of Bangalore released the ICYM Memorandum.		
7.	YCS/YSM Regional Convention	Diocesan Executive Committee & YCS/YSM Team	St Jude's Church, Bengaluru.  19 <sup>th</sup> to 21 <sup>st</sup> April 2024	250	Diocesan Executive Committee had  come forward to support and help the YCS/YSM Regional Convention.	-	-
8.	Mother's Day	Diocesan Executive Committee	Social Media Platform  12 <sup>th</sup> May 2024	100	We asked the youth to send a picture of them with their mother, collated all the pictures into one beautiful video, wishing all the Mother's a very Happy Mothers Day	The video came out very beautiful	The youth were excited and happy to see their photo in the ICYM Bangalore page.
9.	ReachOut Sports	Diocesan Executive Committee	St Joseph's University, Bengaluru.  15 <sup>th</sup> and 16 <sup>th</sup> June 2024	500	The event was inaugurated by, His grace, Most Rev Dr Peter Machado. Started with Registration and Verification of each	All the events were happening simultaneously, and we were able to find the event on time.	The youth got an amazing opportunity to mingle with other parishes and the overall

					participant document. The events were- Football, Volleyball, Badminton, Throwball and Relay. Bonus event- Tug of war.		winner were, Vincent Palloti Church and runners were, Holy Redeemer Church.
10.	Grandparents Day	Diocesan Executive Committee	Jerome Home, Opposite SFX Cathedral, Bengaluru.  28 <sup>th</sup> July 2024	12	The Diocesan Executive Committee sponsored the needs and wants for all the Grandparents at Jerome Home. Started with action 11 songs, snacks and spent good time listening and conversing with the Grandparents	Each member felt so happy, and that evening was amazing.	The Grandparents felt very special and all of us had a blessed and wonderful evening.
11.	Differently Abled Program	Diocesan Executive Committee & Differently Abled Commission	Paalanaa Bhavana  10 <sup>th</sup> August 2024	300 - 400	Differently abled commission collaborated with the Diocesan Executive Committee. Collected the data by approaching all the Parish President and Secretary. Started the event with registration, sessions, group activity and games	Many youth had stepped forward for volunteering with us and making the event very organized.	Everyone enjoyed and socialized with each other. This event was truly divine.



					for children.		
12.	World Youth Day	Diocesan Executive Committee	Social Media Platform 12 <sup>th</sup> August 2024	100	Requested all the parishes to send a video wishing, Happy World Youth Day. Collated all the videos into one Video. Diocesan Youth Director also made a special video wishing the youth with a quote by Pope Francis.	All the Parishes respected and sent the video by Sunday.	This video went viral, and all the youth were happy to see their Parish group on the ICYM Bangalore page.

**Objective 3:** At least 2,000 addicted youth in Karnataka are de-addicted – capable of sobriety, leading normal life by 2024.

Sl. No.	Activity	Persons Responsible	Place and Date	No. of participants	Method/procedure	Result/outcome	Impact on the participants
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**Objective 4:** By 2024, every parish in Karnataka has a unit of ICYM /YCS or such other youth movements and 50% of the parish youth are members and are regularly attending the meetings.

No.	Activity	Persons Responsible	Place and Date	participants	Method/procedure	Result/Outcome	Impact on the participants
1.	<b>Shimoga</b> Youth Prayer Meet	Director, animator, President.	Shimoga	50	Formal prayer, intentions prayer,	Gathering young people from youth prayer groups fosters faith and community spirit. The atmosphere	Increased faith devotion, youth had a spiritually uplifting experience

						filled with faith devotion.	
2.	Be rooted – Youth fest		May 10 to May 27 <sup>th</sup>	300	Holy mass, resource persons, session cultural activities	Inspired youth towards unity and better humans for the future, nourished and motivated them to develop their talents , to grow stronger and deeper,	
3.	Farewell and welcome to Fr. Pius D’Souza and Fr..Frankline D’Souza	Lady animator, president, Dexco, year of youth committee members	15.6.2024	25	Farewell and welcome	Learned to be grateful and to express it to those who have done good to us, and to accept everyone with open mind, learned to conduct farewell and welcome programs	All participants took part actively with a memorable farewell and hearty welcome.
4.	Dexco meeting with new diocesan director	Director, lady animator, president, Dexco, Year of youth committee members	07.07.24	15	Introduction, submission and evaluation of reports, comprehensive review of past events, formulating action plans, Holy Eucharistic celebration	Interaction, introduction, review of past activities, highlighting the success and area of improvement, focusing on formulation of action plans, continued growth and engagement	Participants actively participated in the meeting, shared their views, involvement and improved their ideologies.
5.	Youth Survey	Director, lady animator, Dexco’s and	While visiting parishes		Visiting houses, interacting, collecting	Collected relevant information of	It provided a lace to share

		pexco's			relevant information and uploading it to website	every youth of different parishes, interaction with parents, etc.	their information for educational, employment and current status of every youth.
6.	<b>Bhadravathi</b> Parish Visits	Diocesan Team	Different dates	Many	Spiritual exercises, Animations, games, discussions.	Youth can unite and relish the joy of being together.	Excellent
7.	Old Age Home Visit (Agumbe)	Diocesan Team	Agumbe 23 <sup>rd</sup> June 2024	20	Visited, Talked to them, Donated Amount	Widened youth's Mentality and Helping Nature	Excellent
8.	Status Video Competition	Diocesan Team	15 <sup>th</sup> August 2024	20	Present Their Talents in Online Platform	Youth could present their talents	Outstanding
10.	<b>Mangalore</b> Youth Unveil		April 28, 2024 Kasaragod Deanery	35	ICYM Central Council Diocese of Mangalore collaboration with ICYM Kasaragod deanery organized inspired event. The day started with Eucharist mass in the Tulu language followed by the Snehalaya Rehabilitation center visit.	The event aimed to engage Catholic youth in exploring their life paths, embracing their faith. ICYM central council and Kasaragod deanery representatives witnessed to firsthand mission provide care and support to their elderly.	Gaining valuable life lesson, wisdom and insights from elders/

11.	Gratiarum 2024		June 22, 2024 Olivet house, Jeppu	25	The ICYM Diocese of Mangalore held Gratiarum-2024 an evening of gratitude and togetherness. The evening cleaned the ICYM office followed by the Thanksgiving mass and also blessed the office. The youth prepared delicious food. After the food day ended with sharing the experiences of council members.	Sharing of leadership experiences and lessons learned. Learning from failures and success.	Sense of closure and completion of their leadership journey,
12.	PSTAR		June 30, 2024 Milagres college, Mangalore	300	The ICYM Diocese of Mangalore organized an Office Bearers' Training program for newly elected leaders.	Youth increased confidence and social responsibility.	This program empowers youth to become confident, skilled and responsible leaders.
13.	General Body Meeting and Election		July 07, 2024 Rosario Cathedral Hall, Mangalore	350	The Annual General Body Meeting commenced with an earnest prayer led by the DEXCO committee members. Ms. Wilma Lobo, the general secretary, followed with presentation of the previous year's Annual Report. Treasurer Sushanth Fernades	Newly elected leadership team and stronger, more effective ICYM committee for the year 2024-25. Winston Sequeira unanimously elected as the President of ICYM Mangalore Diocese 2024-25.	Youth learn to participate in decision making processes and exercise their right to vote and understanding the value of their voice.

					Detailed the financial accounts, covering annual income and expenditure.		
14.	L.E.A.D – Leadership Excellence and Development program		July 21-22, 2024 Olivet house, Jeppu	26	CYM Central Council organized a comprehensive training program for its members. The event featured expert resource persons who led the various sessions.	Council members actively participated in various activities, including ice-breaking, warm-up games and team building exercise.	The event aimed to equip the members with leadership skills and knowledge to excel in their roles.
15.	ICYM pays tribute to elders with a heartwarming event		July 28, 2024 Nympha Sadan senior citizen home in Rosario, Mangalore	23	ICYM Central Council, Mangalore Diocese hosted a Heartwarming event. Action songs presented by the youth and enthusiastically participated.	Youth of ICYM paid a heartfelt tribute to senior citizen, providing an opportunity for youth to interact with and learn from their life journeys.	The youth interacted with the elders, receiving blessings and good wishes.
15.	<b>Gulbarga</b> Yuvaspoorthi, (Aurad Zone)	Dondiram karkare, Asst.engineer KEB, Bidar	Christ the king church, Bidar, 16/08/2023	72	Activities, Talk.	Youth were made aware of the limitations they have for their bright future	Youth started thinking rightly of their future life
16.	Yuvaspoorthi (Basavakalyan Zone)	Fr. Mark Fr. Sachin	St Joseph the Worker Church, Muchalamb  30 <sup>th</sup> August	32	PPT, Group Discussion, Talks	Youth were asked to prepare Blue print of their life	Youth became active, knowing that they have lot of possibility to grow in life
17.	Vanamahostava	Youth animators	5 Mission center,	60	Planted 100 saplings		

			Ujini, Santhpur, Humnabad, Hulsoor,, Bhalki, Muchalmba				
18.	Elders day	youth	6 Mission Centers, Muchalamba, Hulsoor, ujini, Bhalki, Jalsangi, Humnabad	70	Liturgy, Celebration	Importance of elders at family	Respect for elders
19.	YSM	Fr Sachin	12 Schools From January to august	400 students	PPT, Talks	Created 50 cells	Made aware of the responsibility they have for society
	Youth get together	Fr Mark, Fr Sachin	Sept10th, Muchalamba	25 youth	Talk, quiz, evaluation, Games	Youth were motivated	Knowledge on bible increased
20.	News Paper Drive Week	YSM Students of Bethany school gulbarga	9 <sup>th</sup> March 2024, Gulbarga	25 students	Went around giving at awareness not to use plastic		
	Youth get together center level	Fr .Sachin, Dn .Aron	10 <sup>th</sup> March, 2024, Halbarga Center	27 youth	Motivational Talk, Adoration Holy, Mass	Youth felt happy that they are recognized	
21.	Voter id registration training	Fr Mark, Fr Sachin	Bhalki, Santhpur, Udbal, Ujini, Jalsangi	40 youth were trained	Youth are able to register Voter ID'S		
22.	Office bearers training	Nabien Anthony	22 <sup>nd</sup> -23 <sup>rd</sup> June 2024	65 youth	Talk, group activities	Youth were made aware of their responsibilities in the church	

23.	Yuvaspandana { Aurad Zone }	Fr Lawrence , Fr Sachin	July 7 <sup>th</sup> 2024	72 youth	Talk, adoration, mass, games	Youth had time to reflect on their participation in the church	
24.	YSM Training	Mr Anson	July 14 <sup>th</sup> 2024	80 students	Talk, activities	They were made aware of the importance of YSM	
25.	Yuvaspandana [Bidar Zone]	Fr Abishek, Fr Sachin	July 21 <sup>st</sup> 2024	62 youths	Talk, adoration, mass, games	Youth had time to reflect on their participation in the church	
26.	YSM animators Training Bijapur denary	Fr Sachin	2 <sup>nd</sup> August 2024	30 Animators	Talk, activities	They were made aware of the importance of YSM	
27.	Yuvaspandana [Basavakalyan zone Zone]	Fr Sachin	18 <sup>th</sup> August, 2024	40 youth	Talk, adoration, mass, games	Youth had time to reflect on their participation in the church	

**Objective 5:** 80% of Catholic youth of Karnataka undergo adequate career guidance by 2024.

No.	Activity	Persons Responsible	Place and Date	No. of participants	Method/procedure	Result/outcome	Impact on the participants
1	Career guidance	Fr Roshan Pinto SJ	April 28 <sup>th</sup> 2024	76 youth	Talk group activities,	Youth had time to reflect on their life career	

**Objective 6:** At least 25% of the unemployed catholic youth in every Diocese is gainfully employed / self-employed by 2024.





# COMMISSION FOR YOUTH

## Action Plan -2023

	WHAT?		HOW?	WHO?	RESOURCES	DATE & PLACE
	What is the activity to be done	What is the result or outcome expected from	Method/procedure people's involvement	Persons/Group responsible	Hall, equipment, finance, resource persons etc.	Tentative or scheduled time , date and place
1.	<b>Mandya</b> SMYM National Meet up “Husaya2024”	Aims at connecting youth representatives from various diocese, providing a platform for open dialogue on critical social issues, planning for future initiatives, and strengthening unity and shared purpose.	<b>Networking sessions:</b> To facilitate connections between youth representatives to share experiences and ideas.  <b>Discussion on Social issues:</b> Engage in meaningful dialogue on challenges church and society face, key areas of concern, and potential challenges. <b>Community Building:</b> Activities and discussions were designed to create unity and belonging among participants.	Smym Mandya Central Team along with SMYM global Team	Camilian Pastoral Health Centre, Carmelaram	Oct 12 <sup>th</sup> and 13th
2.	<b>Bhadravathi</b> Online YOU CAT study	You need to understand the church's teachings	Online vedio presentation	FR. Libin,Fr. Subin, Fr.Praveen,Fr. Sanu		Every Sunday

3.	Parish Visits	You need to be united and relish the joy of being together.	Spiritual exercises, animations, games, discussions	Diocesan team		On different dates all the parishes
4.	Aarpo (Onam celebration)	A feeling of togetherness and celebration	Games and competitions	Diocesan team		Sep.16Bhodana pastoral centre
5.	Idnite2k23	Spiritual connections, knowledge, enrichment, enjoyment and unity among parishes and foranes	Spiritual exercises, classes, games, animations, competitions between the	Diocesan team		Oct11, 12, 13 Bhodana pastoral centre
8.	Kannada retreat	You need to experience spiritual nourishment and to have God experience	Talks and spiritual exercises	Fr. Stanly		Nov.22,23,24 Bhodana pastoral centre
10.	Blood Donation camp	Need to have community spirit, saving lives and donors, gain a sense of fulfilment	In collaboration with Red Cross India.	Diocesan team and Red Cross India		Dec 26Bhodana pastoral centre
11.	program	To motivate leaders	Class, worksheet, spiritual exercises, diocesan team	Diocesan team		Jan 11,12, Bhodana pastoral centre
12.	Recharge ( N.R. Pura ) forane gathering	Youth need to be united and relish the joy of being together	Class, animation and Election of forane Executives	Diocesan team		Feb.9, Ripponpet

13.	Recharge ( Ripponpet Forane gathering)	Youth need to be united and relish the joy of being together	Class, animation and Election of forane Executives	Diocesan Team		Mar.9 Ripponpet
14.	Recharge ( Shimoga Forane gathering)	Youth need to be united and relish the joy of being together	Class, animation and Election of forane Executives	Diocesan team		Apr.13, Shimoga
15.	Unarvu 2k24	You have to understand the various branches	Session on carrier guidance	Prof. Babu Paul		Apr.26,27 Bhodana pastoral centre
16.	Effatha Youth retreat	Youth need to experience spiritual satisfaction, need to experience God's love	Talks and spiritual exercises	Fr. Roy		May 16,17,18 Bhodana Pastoral Centre
17.	Rise Up 2k24( Bangalore get-together)	Youth need to be united and the joy of being together	Spiritual exercises, classes, games, animations	Diocesan team		June 8 Bangalore
	YOUCAT Parish Leaders Training Program	Well-trained youth leaders to work in parishes	Sessions, activities, discussions	YOUCAT Karnataka Team	YOUCAT books, Parishes	In progress
	KRYC has announced the month of November as YOUCAT Month	Youth to be aware of YOUCAT Catechism	Promotion of YOUCAT through social media & interactions with the Youth in the regional level	YOUCAT Karnataka Team	YOUCAT books, Parishes,	November
	<b>Belgaum</b> Youth leaders training program	Well-trained youth leaders to work in parishes	Sessions activities discussions	Fr. Harry and DEXCO	Sponsors and registrations	September month – Dharwad 9.00 am

	Bellary Deanery Elections	Positive response from the parish priest and parish youth presidents and office bearers	30 to 40 members are expected	DEXCO Bellary deanery office	Infant Jesus parish priest and other local deanery priests	In the month of November in Bellary Infant Jesus Church
	Hospet Deanery Elections	Positive response from the parish priest, youth presidents and office bearers	30 to 40 members are expected	DEXCO, present Hospet deanery office bearers and DYD	Local deanery parish priest along with parish elders	Planning in the month of November and place yet to confirmed in Hospet
	Raichur Orientation Program	Planning to organize an orientation program for all youths in Raichur	200 youths are expected	Team along with the suport and collaboration with the Raichur deanery	Jesuit priests and local leaders	Planned for the month of December during the Christmas holidays
	Diocese Youth Convention		500 Youth Re expected	DYD and DEXCO along with all the deanery office bearers	Jesus Youth members and other official elders	Planned in the month of April during the summer holidays to avail the program for many youth
	Rise up 2K24 (Mangaluru get together)	You need to be together and relish the joy of being together	Spiritual Excercises, classes, games, animations	Diocesan Team		July 20 <sup>th</sup> Mangaluru
	Rise up 2K24 (Mysuru get together)	You need to be together and relish the joy of being together	Spiritual Excercises, classes, games, animations	Diocesan Team		Aug 10 <sup>th</sup> Mysuru
	<b>Shimoga</b> Deanery strengthening program by diocese	To bring all youth together To strengthen the deaneries	By conducting awareness program about active participation of youth in deaneries	Diocesan youth director, Lady Animator, President,	Not yet planned	Not yet planned

			Arranging programs to bring all youth together	Dexco members		
	Spiritual retreat	To involve youth spiritually To strengthen them in devotion. To bring hope, faith and love for Christ and one another	2 to 3 days retreat and complete devotional, spiritual sessions adoration and others	Diocesan youth director, Lady Animator, President, Dexco members	Not yet planned	Not yet planned
	Concluding program	Aiming to conclude the youth year Collect all good memories experienced in this year and learning from the drawbacks Spreading the month of joy of completion of youth year with something that the youth have learned this	2 day program with formal mass and other sessions with collecting all the bits from the entire year	Diocesan youth director, Lady Animator, President, Dexco members	Not yet planned	Not yet planned

**Most Rev. Dr Henry D'souza**

Bishop of Bellary,

Chairman – KRCBC Youth Commission

**Fr. Lourd Raj**

Secretary,

KRCBC Youth Commission

**Sr. Molly Illickal**

Joint Secretary,

KRCBC Youth Commission