

Commission for Youth

Vision: Karnataka Catholic Youth rooted in Christ for a Better World

Mission: Organizing and empowering the Catholic Youth with conviction on Catholic faith and values and equipping them with talents and skills making them messengers of the Gospel.

Goal: Empowered and committed Catholic youth are actively involved, directly and through networking in the spiritual and social needs of the society.

Priority 1: Faith formation of Catholic youth leading to their active and visible faith life in their families, parish and society.

Objective 1: By the end of June 2020 at least 40% of the Catholic Youth participate regularly in all the spiritual activities organized by Parishes and youth movements.

Strategies:

1. Networking and collaborating with all Catholic faith based organizations and youth movements in organizing spiritual activities through animators and youth leaders whenever possible.
2. Making the different spiritual activities and other programmes of the parishes youth friendly, more participatory and attractive for youth by training the youth animators every year at all levels.
3. Ensuring enough publicity, cooperation and recognition to the spiritual activities organized for youth by the Parishes, Dioceses and youth movements through website, mobile app and other means of communication.
4. Sharing of available resources for creative liturgy with the youth directors and animators for different types of Para-liturgical activities such as Taize Prayer by the regional team.

No.	Activity	Persons Responsible	Place and Date	No. of participants	Method/procedure	Result/outcome	Impact on the participants
1	National youth Sunday	Diocese of Gulbarga.	August 4, 2018 Yuvachethana	In all the parishes	Holy Mass and Cultural Programme	Building team spirit and sense of belonging	They felt the oneness
		Diocese of Shimoga	5 th August 2018 Soraba	43	Liturgy, Group activity, Talk, YCS methodology	They felt that they are recognised, Talents identified	Rightly Motivated
		Diocese of Ballari	5 th August 2018	69	Talk, Seminar and Eucharist	To inspire youth to become leaders of tomorrow	Enthusiastic and enriched.
		Diocese of Mangalore	“	All the youth			
2	Proclamation and Evagelization (Sannidi 2018)	Gulberga	Aug 15, 2018 at Christashrama, kawdiyal	180	Night vigil on Assumption of Mother Mary feast. Fr Vincent P and team was the resource person.	They are spirit filled and tuned to face hardships of life	Positive approach towards reality.

3	Youth Retreat MAGIS	Gulbarga	Oct 14 to 16 MAGIS St. Xavier's College, Kalaburagi	150	Spiritual talk, Eucharist, confession and reconciliation.	They are spirit filled and have a positive attitude of their lives	Prime importance to prayer and bible is given
	Spiritual Animation YCS/YSM	Ballari Udupi Shimoga YCS/YSM	31 st March 2019 Belman 20 th Sep 2018 Mary Immaculate School, Shimoga	120 18 Parishes 76	Input Sessions, Action Songs, Panel Discussion	Aware of the importance of Spiritual formation and Need of Meditation	Excellent Spiritual enrichment
4	Jeevan Jyothi Camp	Gulbarga	Oct 18 to 21 Infant Jesus Shrine, Bhalki	54 students of 10 th Std participated	Talk, Session on social and spiritual aspects.	Trusting in God, having faith in him.	Change in their behaviour and outlook towards the realities.
5	Synodal Youth Questionnaire	Gulbarga	February, 2019. The program was organised in their respective parishes	Parish youth	Group discussions	They are well aware of the Synod of youth and the message of Pope	They conscious about their duty towards the church
6	Inauguration of Synodal Journey Cross	Gulbarga Karwar Bangalore Mangalore	April 19, 2019 4 th April 2019 Sunkeri 24 th March 2019 Cathedral 19 th July 2019 Bishop's House Chapel	Parishes of the Diocese 250 160	Inaugural Prayer Service of the Synodal Cross.	They are filled with enthusiasm and solemnly inaugurated the Cross Journey in the diocese.	They experienced joy filled with Spirit
	Inauguration of Year of Youth	Gulbarga	June 9, 2019	70	To build team spirit	To become true disciples of Christ.	To become witness of

		Bellary	31 st Dec, 2018	67	Eucharist, Watering the Plant	To empower youth of every parish	Christ.
		Shimoga Mangalore	16 th Dec 2018 6 th Jan 2019	400 70			
7	Live Way of the Cross	Karwar	4 th April 2019 Sunkeri	250	Acting out the passion of Christ	The Live Way of the Cross brought in the real sentiments of the suffering of Jesus	Became part of it contemplating the passion of Christ
		Bangalore (Annamma hill) Puttur	7 th March 2019 Kadaba	15 Parishes 150			
	An Evening with the Synodal Cross	Karwar	18 th June 2019	70	Evening Prayer, Confession and Veneration of the Cross		Youth got spiritually nourished and refreshed.
8	Youth Pilgrimage	Karwar Chandavar Deanery & Nandgaad Deanery	17 th Feb 2019 16 th April 2019	108 385	Pilgrimage, Talks, Way of the Cross, Confession and Mass etc.	The youth were given inputs on purity of life	Youth got spiritually nourished and refreshed.
		Youth Com. Bhadravathi	4 th March and 12 th April 2019	Many	Pilgrimage	Spiritual nourishment	
9	Taize Prayer	Bangalore Udupi: 5 units	31 st March 10-24 th March 2019	120 Deanery youth	Prayer, confession	Importance of cross	Spiritually nourished
3	Youth Sunday	Bangalore Mangalore	04-08-2018	90 Units	Liturgy celebrated by all units in their respected parishes.	Sense of unity as youth belonging to a catholic community.	A good count of units celebrated the event.
		Mandya	05-08-2018	350-400	Seminar, PPT, Joyful Asian Youth Living The Gospel in the Multicultural Asia Seminar, PPT	learnt that they belong to the Church and the Church belongs to them	
4	Youth Retreat	Chikmagalur	26 th Nov 2018 Cathedral	150	Spiritual Talks, Praise and Worship, Adoration, Confessions, Holy Mass	Took active participation. Spiritual renewal	Awareness on how to lead a holy life.

						Faith strengthened	Healthy relation among boys and girls.
8	Eucharist with Youth And Confession	Bangalore:Parish Priest/ Local Youth Animators Karwar: Parish Priest and the Parish ICYM unit Mysore	9 Parishes in the Diocese Monthly KR Pet 10-09-2017 Besagarahalli. 17-09-2017 Balanagar 26-08-2018	1500 Only few parishes	Creative Youth Liturgy, preceded by Praise and Worship followed by fellowship Special Youth mass	Youth feel energised with the Eucharist specially organised for them	The Youth get a taste of the Eucharist. Interaction with the youth
9	Lectio Divina Training	Udupi	17 parishes 2017-2018	533			
10	Liturgy Preparation	Karwar: Parish Priest, Youth and wado members	All Sundays of the Year, Feasts and Adoration on Every Fridays		Wado meetings Planning for the meaningful liturgy. Sharing of the word of God. Sharing of responsibilities.	A meaningful liturgy is prepared with an aim to help the Christ faithful to pray well.	The Youth take part in the Mission of Christ. Leadership qualities are grown. Youth learn to take up responsibilities

Objective 2: By the end of the June 2020, at least 50% of the youth know the content of the books YouCat and DoCat.

Strategies:

1. Making available the copies of YouCat and DoCat to youth in the Region.

2. In collaboration with catechetical commission seminars on creatively presenting You Cat and DoCat to youth animators in the Region before December every year.
3. Ensuring the availability and popularizing the study of You Cat and Do Cat among Catholic youth through conducting sessions in youth meetings at various levels every year.
4. Networking with Catechetical, Education and other commissions for youth catechesis towards deeper faith formation at different levels regularly.

No.	Activity	Persons Responsible	Place and Date	No. of participants	Method/procedure	Result/outcome	Impact on the participants
1	Seminar & Training on YouCat/DoCat	Bhadravathi: SMYM Mandya	15 th Aug. 2018 Bodhana 9 th Sep 2018 Shimoga All the parishes of the Diocese	88 21 ICYM, YCS/YSM	Classes Workshop Workshop	Youth became aware of YOUCAT/DOCAT	Gained knowledge
1	Seminar on YouCat/DoCat Training to use YouCat: Gaanz 2018	Bhadravathi: SMYM Mandya Belthangad Mangalore: DEXCO Udupi	15 th Aug. 2018 Bodhana 9 th Sep 2018 Shimoga All the parishes of the Diocese Olivet House, Jeppu Hall 14-01-2018 47 parishes	88 21 ICYM, YCS/YSM 94 716	Introduction of Catechetical Syllabi and Study Material	Youth became aware of YOUCAT/DOCAT Leaders were trained for using You Cat.	Gained knowledge
2	Youth Catechesis	Bangalore: Education, Catechetical and Youth Secretaries	All Schools and Colleges under Archdiocesan Board of Education				aware of the importance and meaning of the Christian catholic faith

Priority 2: Effectively countering different kinds of addictions – social media, Drugs, Alcohol and Smoking that youth fall prey to.

Objective 3: At least 1500 addicted youth in Karnataka are sober and are leading normal life by 2020.

Strategies:

1. Make the Youth Directors/ Youth animators/ Youth leaders aware of the De-addiction programmes and resources available on De-addiction through seminars and training programmes by the competent people by the end of December every year.
2. Basic counselling skills imparted to the youth animators on accompanying and empowering the youth who are addicted and vulnerable to addiction, at the beginning of every year.
3. Organizing effective sessions on addictions for the youth during the youth conventions at different levels.

No.	Activity	Persons Responsible	Place and Date	No. of participants	Method/procedure	Result/outcome	Impact on the participants
1	Training Programme	Bangalore: Trainers/Holy Cross Father/Secretary	Holy Cross Centre	20	Intensive Training Programme in Youth/Couples Training Through talk and seminar and discussions, LCD projector	Trained Counselors are now Volunteering in the Archdiocesan Counseling Centre 7 days a week.	To be vibrant youth and Encouraged them to make use of the opportunities available They were made aware of the problem of unhealthy use of drugs and alcohols.
		Bellary	4 parishes and two schools	273			
		Belthangady	Jnananilaya, Jadhkal 21-08-2018 to 22-08-2018,8-10-2017	225			
		Bhadravathi	13-07-2017 15-07-2017	60			
2	Awareness on social Media	Mangalore YSM	18-10-2017 21-10-2017	65	Power Point, Talk, Group Discussions, Evaluation	Youth were enlightened	Awareness on Media effects
		Mangalore ICYM DEXCO and Canara C. Centre	Modankap, Gurple August 2017 to March 2018	3 Deaneries and 22 Units			
3	Visit to Deaddiction Centre	Mysore	THEJOMAYA 18-10-2017	48		awareness about the problems in the family due to addiction	Interaction with alcoholic addicted persons

Priority 3: Building greater sense of purpose and team spirit among the Catholic Youth.

Objective 4: By 2020, every parish in Karnataka has a unit of ICYM or such other youth movements and 50% of the parish youth are members and are regularly attending the meetings.

Strategies:

1. Accompanying and assisting the diocesan bishops and the youth directors in initiating youth groups in all the parishes through visits to the dioceses by the regional team by the end of 2018.
2. Registering all the youth to Regional Youth Commission through KRYC mobile app and other registration process by the end of 2018.
3. Follow up of the youth groups with regular visits and conducting meaningful sessions and programmes by preparing an action plan every year.

No.	Activity	Persons Responsible	Place and Date	participants	Method/procedure	Result/outcome	Impact on the participants
1	YSM Animators training	DEXCO, YSM	July 21, 2018, sugyan pastoral centre, Kalaburagi	27	Training by Fr Anil D'sa on animating cell based meetings in YSM at schools	They are trained to animate the high school students.	Aware of their duty
		DYD/ DEXCOs	30 th Sept 2018	99	Group Activity , Talk PPT, Games	Found solution to teenage problems and clear about YCS/YSM Methodology	Filled with enthusiasm and knowledge
	YCS “	Mrs Sylvia Gomes	20 th Oct 2018	14	YCS Methodology, Action Song	They were aware of YCS Methodology	Goal Oriented
	YCS/YSM Parents Meet	DYD /Animators	29 th June 2018 Soraba	400 8 schools	Talk/PPT Presentation	Parents should be aware of modern trends effecting young minds of today.	Parents quipped with sufficient knowledge and awareness to handle young people with care.
	YCS/YSM Gen Body Meeting	Udupi	23 rd July 2018	155	Talk, sharing, discussion		
	Life Skill Program for YSM students	Kalaburagi	Jan 19, 2019. Kalaburagi	8 Schools	Input sessions and competition	To build sense of responsibility among	They are responsible

	Seminar for YCS/YSM	Udupi DYD and DEXCO	14-17 Oct 2018 9 th July 2018 Shimoga	24 Schools 95	Talk, group activity, action song, audio visual presentation.	students Teens were equipped with right way of thinking and facing teenage problems	citizens Enthusiastic/ Energetic
	Prerana YCS/YSM	YCS/YSM, DEXCO Shimoga	30 th June 2019	23	Group activity, Input session	Aware of methodology and problems of Teens and methods to solve them.	Methodology and various techniques learnt to deal with Teens.
	Talk on values- YCS/YSM	Mangalore	15-16 th 2018 Kinnigoli, Permannur, south mangalore	200 200 250	Talk, group activity, discussion		
2	ELECTION YSM Office Bearers	All the High Schools	June, 2019	Yuvachethana	Orientation and elections	To make them leaders	Formation of leaders.
	ICYM Office Bearers	All the parishes	June, 2019	Yuvachethana	Orientation and elections	To make them leaders	Formation of leaders.
	Parish ICYM unit	DYD/ PYP and Team	24 -6- 2018 Cathedral,	36	Group activity, election	Formation of new youth leaders in the parish	Leaders to be the change.
		DYD/DEXCOs and Parish Unit, Shimoga	2 nd Sept 2018 Hosudi, Shimoga	16	Group activity, election	Teens & Youth developed positive outlook of Youth Ministry	Enthusiastic
	New DEXCO Team	Bishop, DYD,	31 st March, 2019	95	Group activity,	To make known their	Capacity

	AGM & Election	Ballari Mangalore	7 th July 2019	260	election	importance in the church	building.	
3	ORIENTATION AND LEADERSHIP TRAINING PROGRAM ICYM Office bearers	DEXCO ICYM	July 21-22, 2018, Orbit, Humnabad	41	Training on Public speech by Fr Cyril castelino SJ Use of DSLR Camera for recording speeches	50% of the youth have overcome stage fear, and learn to face the congregation.	They are aware of the duties of a leader	
	ICYM Animators Training Program	Humnabad Deanery	22-23 June, 2019 Humnabad	Members of Yuvachethana	Sessions on understanding the youth	They are trained to animate the youth	They are well trained.	
	Leadership Training	Diocese of Karwar	8 th March 2019	Kumta	165	Training Session	To bring leadership qualities among youth.	Youth were trained on various topics on servant leadership.
			4 th July 2019	Kasorkod	60	Training Session		
		Shimoga	18 th Feb 2018	Shimoga	97			
		Shimoga	16 th June 2019		102	Group activity, Talk interaction.	Preparing youth leaders.	Youth join their hands to build society.
		Ballari	16 th June 2019		30	Group Activity/ input sessions/ Elections	Scope for emerging leaders	Encouraged and capacity building is done
		Bangalore	4-5 Aug and 30 th Sep 2018	Palana Bhavana	67	Talk and discussion	To be vibrant youth in the local church	Enriched
		Chikmagalur	15 th Sep 2018	Marianagara	42	Talk, discussion and sharing	To learn leadership quality	Active
			18 th Oct 2018	40				

			Dasapura				
	THRILL	Udupi	July- Dec 2018	80			
		Bangalore		20	Talk, Sharing, Brain	To encourage them to	Informative
		Mangalore	10 th Feb	25	Storming	participate in the	
		Bellary	27 th July 2019	18		movement	
	SMYM: One day Seminar	Bhadravathi: Youth Com.	10 th June 2018	295	Talks & Music	Gathering the youth	Enthusiastic
			Shimoga			from various parishes	
			2 nd Oct 2018	42		and giving them	
			Ripponpet		Workshop	spiritual inputs	
			1 st Nov 2018 N R Pura	77			
		Puttur	Ichilampady	200			
	Stay in Program	DYD	13-14 Oct 2018	12	Group dynamics, Sharing sessions, Talk, Practical sessions.	Participants were trained for Event Management, Program Planning and Life Skills.	Self Confidence, trained to train others.
	NSLTP/NATP	NEXCO	5-10 Nov 2018		YCS Methodology, Action songs, Input sessions, talk PPT	Updated knowledge on Youth Animation/Ministry	Resourceful
4	Visit to the Parishes	Youth director, Gulbarga	June and July		Visited all the parishes of Kalaburagi and met the youth. And the animator		
		DYD Ballari	27 th Jan, 2019		Get together and Eucharist	To know them personally	
		DEXCO Bangalore	Maski Parish				

	Visit to the YSM Units	Youth director, Gulbarga	June and July		Visited Bethany school, Chittapur and Mount Carmel school Shahabad.		
5	Youth Council Meet	Bhalki	March 30, 2019 Bhalki	Youth Reps from the parishes	Report presentation and discussion	They are part of the activities done in the parishes	They are responsible
		Ballari	1 st July 2018 30-31 st March 2019	35 95	Talk, Seminar, Discussion	To aware their responsibility in the church	Enthusiastic
	DEXCO Meeting	DYP/DYD/ DEXCOS	10 th June 2018 23 rd Sep 2018 Yuvamitra Shimoga	20 16	Meeting/ Brain storming	Members came out with innovative ideas for future programs	Zeal to reach the set goals
	Annual Planning Meeting	DYD/ DEXCO	11 th August 2018 Yuvamitra Office	12	Brain storming , discussion, Meeting	Clear vision of future mission	Mission Oriented
	Parish Youth President Meet (PYP)	DYD/ DEXCO	2 nd Oct 2018	20	Group Activity, Brain Storming	Forum to discuss and share unit activities	Recognition and appreciation to the unit presidents for their achievements
	Teens Meet-2019	YCS/YSM, DEXCO	30 th June 2019 Shimoga	198	Group activity, Input Sessions, Election	Aware of Methodology, knowing teens' problems and method to solve them.	Methods and various techniques learnt to manage their own emotions.
	National DYD Meet	NEXCO	24-27 August	39	Group activity, Talk	DYD is equipped	Resourceful

	SMYM Regional Meeting	Bhadravathi, Mandya, Belthangady	2018 24 th Nov 2018 Bodhana	165	and Experience sharing Class workshop and cultural eve	with knowledge on Youth Ministry Youth have been given opportunity to discuss about their activity.	Resourceful
	Excutive Meeting	Mandya	2 nd & 23 rd Dec 2018	190	Talk, discussion forming committees	To make them to take up leadership	
6	Conventions	Bellary: Sindanoor, Lingasgur Hospet-Koppal Raichur Hospet Mangalore: Kadaba Mandya	22 nd July 2018 28-29 July 2018 11-12 Aug 2018 22-23 Sept 2018 24 th Feb 2019 5-8 Nov 2018 3 rd March	85 76 83 87 77 250 750	Talk, Input sessions, Discussions, Teize Prayer, Confession	Youth were inspired to be leaders and to take responsibility in the parish and society	Youth learnt to share and care each other. A Strong bond created among them.
	SMYM: HOPE-19						
	Deanery Youth Meets	Bangalore: DEXCO	Monthly Once 26-11-2017	3000 20	One day seminar Exhortation/Discussion	Unit Youth leaders are trained to conduct meetings and to plan the activities of the year.	Creation of Youth Groups at Parish Level
	Formation of SMYM Units	Bellary Belgaum	25-09-2017, Hubli	178			
	Youth animators meet	Belthangady: Bangadi Ajiri,Siddapura,	19-11-2017& 20-07-2018 Yuvachethana, Bidar	205 325	Formed SMYM in the Parishes	how to organise events and leadership skills	Motivated
		Gulberga	Dhoniahalla 12-10-2017 15-07-2017 Yuvamitra Home	65	Power Point, Group Discussion, Talk, Sharing.		
	PSTA 2018(Prsident,	Karwar: DYD, DEXCO Shimoga	21.05.2018 06.09.2018 C.M. Hall, Jeppu Seminary,	275	PPT, interaction, active participation of the	Students/Animators are made aware of their responsibilities	

	Secretary, Tresurer, Amcho Yuvak Rep) Core Team meetings	Mangalore:DEX CO and Resource Team Mysore Shimoga Mandya	Mangalore Catholic Centre 18-09-2017 Yuvamitra Home 22-07-2018 6 times Mathikere forane 12-11-2017	125 09	religious Lecture, Cell Meetings , PPT		
2	Talk on Social Sensitisation	Udupi	34 parishes 18-06-2017	132	Talk		
3	YSM / ICYM Conventions	Gulberga Puttur Udupi Parisarotsava Udupi: Youth Fiesta 2K17	Tabor 2018 19 parishes 39 parishes	490 303 434	animating cell based meetings in Ysm at schools		aware of the realities
4	Yuva Kriya Samiti meet	Gulberga: DEXCO	Thrice a year				
5	New YSM/YCS Units	Gulberga: Santhpur: Holy Cross School and Deepalaya School Mangalore: YCS	Bajjodi, 12 deaneries	33 207	Conducting the beginners camp	Trained the new Y.C.S students and teach them basics of Y.C.S	a firsthand experience of the YSM/YCS
6	Registration of Youth in KRYC Mobile app	Karwar :DYD, DEXCO	February,2018	400	Mobilisation through social media and announcing it in the various Youth gathering	A number of youth of our diocese got registered in the KRYC mobile app	The Karwar diocesan youth got connected with the youth of the other Diocese.
7	Yuva Samavesh (Deanery Level) Yovajanontsava 2018	Mangalore: Deanery Director and Council Bellary:	11 Deaneries At. Anthony's hall 19-10-2017 to 22- 10-2017	2400 390	Power Point, Sessions, Group Discussions, Sharing.	Build up Leadership and their role in the society	Enlightened Time together to share and care

8	Inauguration of New ICYM unit	Mysore	K R Pet 10-09-2017 Besagarahalli 17-09-2017 Balanagar 26-08-2018		Holy Eucharist, One day camp and seminar on motivation and PPP on the commission and its activities		
9	Leadership Training/ Orientation Programme	Karwar Puttur Udupi Bellari: Raichur deanary Mandya	Kumta 16-7-'18 Trivendrum 2018 34 parishes St Xavier's College 24-09-2017 14 to 15 April '18	132 25		The youth got trained on leadership and were charged to take up few responsibilities	learnt the skills to put into practise
10	Year dedicated to the youth	Mandya	2017-2018 St Thomas Forane Church, Bangalore				

Priority 4: Tangibly addressing the problem of unemployment/underemployment among Catholic youth

Objective 5: 80% of Catholic Youth of Karnataka undergo adequate Career guidance by 2020.

Strategies:

1. **Organizing Career guidance/awareness program to the youth animators and Youth leaders in the month of January every year at the regional level.**
2. Facilitating to initiate a Career Counselling Centre in every Diocesan Office by the end of 2018.
3. Making resource team available to the diocesan youth animators by networking with various commissions and organizations for career guidance at the beginning of every academic year.
4. Disseminating awareness on Career Advancement Programme (CAP) to at least 50,000 youth through KRYC App by 2020.
5. Encouraging and registering at least 10,000 students to Career Advancement Programme (CAP) by 2020.

No.	Activity	Persons Responsible	Place and Date	No. of participants	Method/procedure	Result/outcome	Impact on the participants
1	Yuvamitra Shikshana Vani	Shimoga	April to June	400	Phone in Help	Aware and Aailed different schemes available for students and	Aware and enlightened

						know what course helps them for their talents	
2	Youth Awareness programme	Shimoga	1 st July 2018 Thirthahalli	98	Group dynamics, Talk, action song	They are motivated to take part actively in youth activities	Enthusiastic and filled with hope
3	Youth Voice-2019	Shimoga	21 st July, 2019	50	Discussions/ Group activity	PYP's are involved in program planning and evaluation	Youth Voice-2019 (Parish Youth Presidents Meet)
4	Yuva Tarbeth 2019	Mangalore	7 th & 14 th April 2019	40	Talk, discussion, training, group activity.	To give various information about the opportunities to the youth	
5	CAP INDIA	Udupi	20 th Oct 2018 & 19 th Jan 2019	720	Conducting exams		
6	Civil Service Exam	Udupi	3 rd Feb 2019	65	Information to face the exams.	40% of the youth are focussed and serious about their future.	Pursuing to achieve their dreams.
7	Career Guidance Program	Gulbarga Udupi	6-7, May 2019 6-9 May 2019 Padukone	Humnabad deanery Youth 65	Talks on Personality and development counselling	They are serious about their future	Awareness of their lack of confidence
1	Career Guidance Seminars	Belthangady Bangalore:DEXCO/Resource Persons Gulberga Udupi	Unique, 22-06-2018 Paalana Bhavan July 14 April 29 to May 1, 2018 Palimar:	111 495 412 450	National IAS academy Seminar/Career Exhibition speakers providing information and opportunities in higher education	Greater Clarity about varied Options in Careers	Greater Clarity about varied Options in Careers motivated and ready for challenges

			33parishes Shirva: 7 parishes				
2	Diaference2018	Mangalore: DEXCO, Council along with Deanery Ex Council of Kinnigoli Deanery and Pakshikere unit.	11-02-2018	930 registered, over 400 more unregistered.	Panel discussion on “Youth to witness Christ in Society’s different walks of life”	Awareness on different sectors of Society is highlighted	Motivated to choose right Career
	Registration under CAP	Udupi:		1300		Ability to write competitive exams	
	YCS - SPANDANA SCHOLARSHIP HELP DESK YCS Education Fund	Mangalore YCS Director and DEXCO Director and DEXCO	Infant Mary Convent campus, Jeppu,	600	Online uploading of scholarships for free Collecting money by selling scrap	Over 600 students got benefitted by this scheme To help the children in need for educational purpose	Helped many students for their education

Objective 6: At least 50% of the unemployed catholic youth in every Diocese is gainfully employed/self-employed by 2020.

Strategies:

1. Imparting information on Job opportunities regularly to all the youth through various means of communication.
2. Conducting sessions and seminars on employment opportunities to the youth and the youth animators every year in the month of July at the regional level.
3. Making known various schemes, projects and skill development programmes for the youth in all the youth meetings at all levels every year.
4. Networking with various job placement cells in the dioceses and the region and obtaining jobs for catholic youth according to their need by regional team in collaboration with other commissions.

No.	Activity	Persons Responsible	Place and Date	No. of participants	Method/procedure	Result/outcome	Impact on the participants
1	Job Openings Posts on Facebook Page and Whatsapp Workshop on Govt exams Pre and Post Matric scholarships	Bangalore: DEXCO/Secretary Udupi	All year long 15 parishes All parishes	Unknown number of beneficiaries 44 1942	Job Opening Posted daily or weekly		
2	Sharing of information on scholarship and job opportunities Seminar on Entrepreneurship	Karwar: DYD, DEXCO and Office bearers of parish unit Karwar: DYD, Kone	All the months of the year Shirwad	90 268	Using social media Talks, Panel	Awareness is created about the job opportunities and Scholarship availability	The youth start making use of the information shared with them.

		Deanery Youth coordinator and office bearers, and DEXCO	28-01- 2018		discussion, Role Model, games, action songs		
3	Aptitude Test	Udupi	13 parishes Shirva Pangla Milagris	41 19 16 09			

Priority 5: Countering different kinds of atrocities on harassment of youth

Objective 7: At least 50% of the youth is empowered and are able to fight against all kinds of abuses and harassments on youth by 2020.

Strategies:

1. Creation of a helpline to help the youth in distress
2. Every year before the end of December organizing awareness programme for the youth and the youth animators on different areas in which the youth are harassed and exploited.
3. Spreading awareness through different means of communication on helpline for the youth who are in distress especially women.
4. Equipping the youth leaders and youth animators with tools and techniques of self-defence, through sessions every year before the end of December

No.	Activity	Persons Responsible	Place and Date	No. of participants	Method/procedure	Result/outcome	Impact on the participants
1	Seminar on constitution	Sacred Heart Church, Bidar	March 10, 2019 Bidar	18 youth were present	Input session by Fr Francis Guntipally SJ	They learnt the importance of constitution	They feel the need to know more about constitution
	Complaint filed by ICYM Mangalore Diocese against youth for derogatory comments on Jesus Christ	Mangalore DEXCO, Council with like-minded youth	12-09-2017	100	Approached the District Commissioner (DC) and handed over the signed letter by youth regarding the necessary complaint and requested for stern action.	Youth who posted derogatory comments were arrested and action was taken.	Protection of catholic dignity and communal harmony was secured.

Other Activities:

No.	Activity	Persons Responsible	Place and Date	No. of participants	Method/procedure	Result/outcome	Impact on the participants
1	SPORTS Yuvacethana Premiere League: Cricket Tournament Convention Cup (Volley Ball & Throw Ball) Inter Parish Cricket Match Volley Ball Tournament SMYM Tug of War Match Poster Painting Competition	Dexco Members Belthangady Bangalore Bhadravathi Puttur Mangalore	Sept 22- 23, 2018. St Josephs Grounds, Bidar 9 th Feb 2019 14-15 June 2019 15-16 Dec 2018 Shettikoppa 28 th April 2019	8 teams 8 Dioceses 26 parishes 12 teams 200 45	Cricket tournament Sports Competition “ Sports Competition	To create unity and friendly atmosphere among the parish youth. Increase in them sportsmanship and team spirit 	They are now active participants and built friendship with other parish youth Active participation.
2	Nityotsava	Bidar youth	Dec 2	14 teams	Dance competition	Get together	
3	Shanthi Dootha	Bidar	Dec 18		Inter Religious Programme	To spread unity among the society	
4	YUVA SAMBRAMA	Shimoga Chikmagalur	16 th Dec 2018 8 th Nov 2018	400 19 teams	Competition, Stage Program	They are learned to work in team building and learned to be more creative.	Creative, organised and learnt team spirit.
5	Conferring Awards YUVA KEERTHI	DEXCO	16 th Dec 2018	400	Conferring Awards	Youth achievement is recognised and rewarded	Enthusiastic, encouragement to other youth

6	Music Class	Mr. Alban Fernandes Shimoga	April-May	45	Practical Sessions, Group activities	Teens and youth have learnt to play	Enthusiastic
7	Yuva Prerana	9 th and 10 th Std Students	April	450	Youth animation programs at Deanery level camp	Teens are aware of youth activities of the diocese	Aware of youth activities
8	You Share We care (with Bishop)	DYD/DEXCO	21 st July, 2019	50	Discussions/ Group activity	developed strong feeling of Belongingness and acceptance	Felt that someone cares for them
9	Swacha Bharat Program	DEXCO, DYP, Ballari	15 th Aug 2018 each parish	Parish Youth participated	Cleaning and planting	Envirmental awareness among youth	Enjoyed as being connected to mother earth.
10	Cultural fest	DEXCO in collaboration with com. communication .	8 th Sep 2018 Ballari	65	Volunteer service and participation in cultural activity	To bring out capacity	Participated whole heartedly.
		Bangalore Youth Com. (Reach Out)	24-25 th Nov 2018 Palana Bhavana	20 Parishes	Competitions based on Bible themes	To give knowledge on Bible	Active participation.
		Song Competition (Onam Celebration) Puttur (Bible Quiz) YCS/YSM Mangalore	9 th Sep 2018 Puttur	13 Teams	“		
	INGENIUM		4 th Nov 2018	700			
11	Briefing of Youth Ministry to Vianney Deanry members	DYD	20 th Nov, 2018	10	Experience sharing, Input sessions	they are aware of the youth activities in the diocese	Appreciative and Motivated
12	Palm Sunday Procession	DEXCO, Ballari Deanery Youth and other denominational brothers.	14 th April 2019	73	Prayer, Peace Rally	To spread the message of Love and Peace	They had spiritual experience.
13	Jubilee Cross Journey	Puttur		100			
14	Memorial Walk	Puttur		250	Prayer, Memorial Walk		
15	Vanamahotsava	Puttur		Many	Talk and distribution of plants	To Spread the love towards nature.	Enjoyed
16	Christmas Tabloo by the	Ballari	23 rd Dec 2019	86	Carols, van	Spread the message	Witnessed

	youths				procession in the town	of love to the people of Ballari.	Christian values.
17	Run for Jesus	DYD, DEXCO, Other Denominational Brothers	19 th April, 2019 Ballari	70	Rally, talk	To Make know the people the Christian population in the Ballari deanery.	Enjoyed and Enthusiastic.
18	Christmas Program: Boun Natale 2k18 Kala Sourabha YCS/YSM	Bhadravathi Chikmagalur Mangalore	15 th Dec 2018 Shettikoppa 6 th 13 th 20 th Jan 2019 24 th Dec 2018	128 3 Deaneries 15 unit	Cultural program and competition	Experience of fraternity and Christmas celebration	Outstanding
19	Tribute to the Martyrs	Mangalore	17 th Feb 2019	50	Prayer Service, candle light procession	To become one with bereaved families of soldiers	Youth were touched.
20	Claudia Procula- Biblica Drama	Mangalore	23 rd March 2019 Mangala Devi	290	Stage programme	To give biblical knowledge	Outstanding
21	Namma Kere Swaccha Kere	Mangalore	29 th May 2019 Belthangady	150	Cleaning	To set an example for others	Active participation
22	Blood Donation Campaign	Bhadravathi	5 th Aug 2018 Ripponpet	Many	Blood donation	Youth sensitized the need of saving life.	Energetic.
23	You-Connect (Migrant Youth)	Mangalore	23 rd June 2019 Bangalore	270	Talk, Panel discussion and sharing.	To connect migrant youth and assuring oneness	Benefited
24	P S T A -2019	Mangalore	30 th June 2019	160	Talk, Sharing Group activity	To aware about their responsibility	Informative
25	News November	YCS/YSM Mangalore	16 th Nov 2018	37 units	Workshop on public speaking and news	Helped students overcome their stage fear	Helped students learn effective way of speaking and improve vocabulary
26	Rosary Month	Mandya	1-31Oct 2018	All the units	Praying rosary and devotion to Mother Mary	To inculcate devotion in youth	Touched by the Rosary
27	Vachanolsavam-19	Mandya	14 th & 21 st July	800	Praying with bible	Be rooted in faith	Enriched by the

			2019				Word of God
28	Zalak Konkani Cultural Camp	Udupi	9-12 June 2019	11 Parishes	Competition		
29	Laudato Si- cultivation in Barren Land	Udupi	June-July 2019	All the Parishes	Mass plantation		
6	Blood and Eye Check up	Belthangady:	Mundaje Thottathady 27 -06- 2018 26-06-2018	133 116	SMYM members, in association with Poly Clinic lab-Spandana and Manipal hospital	30 patients benefitted with free eye operation	
8	Seminar organized for YSM students on 'Stress Management in the Students-Reasons, Consequences and Solutions.'	Mangalore YSM Director	19th August 2017, at Cascia Church Hall	200 students	Conducting seminar	Students learnt various methods for stress management	Students were benefitted by the talks
9	Jeevan Jyoti Camps	Mangalore, Udupi, Gulberga					
10	Red Drop Campaign 2017	Mangalore ICYM:DEXCO and Council.	15-08-2017	71	71 members of ICYM donated blood.	Promotion of Blood Donation and the campaign started.	Sow seed of one of the successfully operating campaign of ICYM Mangalore Diocese, "Red Drop Campaign" till date.
11	Road Safety Day	Mangalore ICYM DEXCO and Council.	02-10-2017	Uncounted.	Unmarked speed breakers were painted, pamphlets about road safety, etc. were carried out by different units.	Better roads, public were informed with their responsibilities on roads.	Socially active and responsible.
12	XYZ Season 2	Mangalore ICYM DEXCO and Council	01-11-2017	38 units participated.	Various competitions for the youth.	Winners were awarded, good and stable competitions.	Opportunity for the youth to showcase their talents.
13	Relief services during flooding in Mangalore	Mangalore ICYM DEXCO and Council	30-05-2018	15	Food supplied during emergency to 175 families.	Service to the society and ones in distress.	Responsibility towards society was exercised.
14	71st Annual General Meeting	Mangalore ICYM	01-07-2018	1200	Collaborative general	Good participation,	Participants were

		DEXCO 2017-18			meeting regarding the ICYM Mangalore Diocese.	suggestions for improvement in various fields for youth services.	updated with the yearlong improvements in ICYM in the diocese.
15	Elections 2017	Mangalore ICYM DEXCO 2017-18 and DEXCO 2018 – 19	01-07-2018	1200 <i>366 electors, rest participants.</i>	Elections for the next year of DEXCO,	Office bearers of DEXCO 2018 - 2019 were elected.	New leaders to guide the team were elected by the participants.
16	ICYM Achievers Awards 2017	Mangalore ICYM DEXCO 2017-18	01-07-2018	1200	5 achievers in fields like Sports, Dance, Education, Drama, and Self-Employment. Top 10 units were awarded, best unit awards, Top 3 deaneries with best deanery awards.	Honoured the achievers.	Awards have inspired the others to make possibility to achieve the same.
17	Free blankets to the poor	Mangalore ICYM DEXCO 2017 - 2018	06-07-2018	12	The outgoing DEXCO team of 2017 – 2018 gave away excess blankets collected during floods to the poor.	Service to the society and ones in distress.	Responsibility towards society was exercised.
18	Council Training	Mangalore ICYM Director and President 2018 - 19	13-07-2018	35	DEXCO and Council were trained about their roles in the council and their wards.	Training and knowledge sharing.	The members were updated with needed information of the ICYM DEXCO.
19	Selfie with Soldier	Mangalore ICYM DEXCO 2018 - 19	15-08-2019	-	Selfie by ICYM members with a retired / serving soldiers. Also honouring them.	Honoured the soldiers for their service.	
20	MISSION K2K (Kudla to Kodagu & Kerala)	Mangalore ICYM DEXCO and Council: 2018 - 19	During floods – Service still on...	200+ ICYM youth and volunteers	The ICYM Mangalore Diocese sent 14 truckloads of worth Rs 1.5 crore worth of	Service to the society and ones in distress.	Responsibility towards society was exercised.

					requirements, food, basic necessities to the people affected by floods in Kerala and landslides in Kodagu.		
21	Drishti Week (Eye and Organ donation drive)	Mangalore ICYM DEXCO and Council: 2018 - 19	25-08-2018 to 08-09-18				
22	Passion Play	Belgaum	25-03-2018 Sacred Heart school Ground, Hubli	Artists 100 audience 3000 above	Youth and parishners took part in depicting the life of Jesus and His passion	Youth and other parishners felt oneness, gave good example to people of other faiths	Joyful, united, increase of faith, appreciation for the opportunity
23	Youth Pilgrimage	Belgaum	18-03-2018 Nandgad	419	prayer, Sharing of reflection, procession, Way of the cross, recollection and confession, Eucharistic celebration	Prayerfulness, self awareness, able to meet other youth, learning and understanding. Respect for life and for others.	Youth were happy to spend the day in prayer, change in attitude, grateful for the gifts and graces of God
26	Sports day	Belgaum	29-07-2018 St Joseph Church ground, Hubli	197	Various games	Exhibition of talents and abilities in sports Meeting of many youth	Able to help and appreciate others
27	Good Samaritan Task Force	Belthagady	Aug 2018 (6 days)	25	visited the flood stricken families and helped them to clean their house		
28	Crib competition	Mandya					
29	Anchappam	Mandya	Akashaparavagal in Jalahalli 19-04-17				
30	Flood Relief camp	Mandya	August 2018				

Action Plan
(Based on the above objectives)

What		How	Who	Resources	Date &Place
What is the activity to be done?	What is the result or outcome expected from	Methods/ procedure/people's involvement	Persons/groups responsible	Hall / equipment, finance, resource persons etc.	Tentative or Scheduled time, date and place
Exposure program	Visit to other diocese	Understand others	Gulberga:Animator and DEXCO		May 2018
Election of new office bearers in the parishes	Input session and election	PEXCO body is formed	Gulberga DEXCO and the youth animators	DEXCO and Animators	In the month of June
Core Team Meetings and Training Programs		Group Discussion	Shimoga DEXCO	Yuvamitra Home	1. 08.06.2018 2. 05.07.2018 3. 26.08.2018 4. 14.9.2018 5. 02.10.2018 6. 12.11.2018 7. 09.12.2018 8. 09.01.2019 9. 27.02.2019 10.23.03.2019
Visiting the Parishes	Input sessions	The parishners will know about ICYM	Shimoga, Gulberga DEXCO	DEXCO	June 2018
ICYM Orientation Programme and Skill training	Input session, activities and counselling	Motivation to become Leaders	Shimoga, Gulberga DEXCO	Resource person	June 30 and July 1, 2018

Orientation and Motivation			Shimoga	Parish Units	Parish Units will contact DYD for dates
Agricultural information programme	Input session and visit to agricultural college	Better cultivation	Gulberga MIGRAC coordinator and DEXCO	Resource persons	July 2018
Taize – Prayer and Reconciliation	night vigil eve of Transfiguration Sunday	To be evangelizers	Gulberga Dexco and Kaudiyal retreat centre	-	August 5 and 6
National Youth Sunday	Youth mass and parish level activities	they develop belongingness towards the church and need of evangelization	Gulberga Parish pastoral team	-	August 12, 2018
Zonal level Programme	Sessions, competition	Develop leadership and platform to show talents	Gulberga Zonal in-charges	Resource persons	July 29- Gulbarga- bijapur zone Aug19- bidar- aurad zone Aug 26- humnabad zone Sept 16- bhalki basavakalyan zone
Retreat	Adoration, Mass, Talks , activities, Competitions	Develop leadership quality Platform to show talents	Shimoga, Gulberga DEXCO and Animators	Resource persons	October 7-9, 2018
Jeevan Jyothi Camp	Sessions activities	Personal development, strengthen faith	Gulberga Dean and DEXCO	Resource person	October 20-23, 2018
Mobile Crib	Christmas message through tableau	Proclaim Faith	Shimoga, Gulberga DEXCO, Youth Council Members		December 2018
Christmas celebration	Christmas message , talks songs and program	Inter religious dialogue	Shimoga, Gulberga All the animators and parish youth	Guest	December 2018
Youth Fest	Christmas and get-together for the migrant youth who have come on	Knowing each other and sharing love and gifts with each other	Gulberga DEXCO	DEXCO	December 2018

	holidays				
Diocesan Youth Convention	Talks, adoration, healing prayer, mass	Strengthen faith	Gulberga DEXCO	Retreat Team	January 25-27, 2019
Job information programme	Information from experts	Knowledge to choose career	Gulberga DEXCO and GDES	Resource person	April 2019
Career Guidance	Input sessions by experts and panel discussion	Choose suitable career	Shimoga, Gulberga DEXCO, Sponsorship and GDES Secretary	Resource persons	In May 2019
Catechism	Every month during Youth meeting	Strengthen faith	Gulberga Animators	YOU CAT and DO CAT	Every month
Confession for the Youth in all Parish Units.	Cleanliness of Heart	Organising confession for the Youth	Karwar: Parish Priests	Church	13th aug 2018 All Parishes
Yovutsova: Honnavar deanery Youth Festival	Convention	Talks, Mass, Games, Action Songs, Procession, Cleanliness drive.	Karwar: Deanery Office Bearers	Hall, projecter, sound system,	2 nd Oct 2018-09-08 Honnavar
ABCD: Talents presentation programme.	Exhibiting of Youth Talents	Talent hunt programme	Karwar: DEXCO, DYD	Hall, Ground, Sound System etc	8 th January 2019
Quiz Competitions	Questions will be asked	Improve GK	Gulberga DEXCO	DEXCO	November
Talent show	Dance, skit and singing	Improve their talents	Gulberga DEXCO	YSM Animators and DEXCO	August
Convention	Sessions, cultural competition	Exposure and improve in talents	Gulberga YSM animators and DEXCO	Resource persons	January
Monthly Meeting	Discussion on various issues	Acquire knowledge	Gulberga Animators	Present news and issues	Every month
DYC 2018		Plan of having events most useful to youth rather than things of not great use. Seminars, job affairs, etc.	Mangalore:DEXCO and Council	Puttur Deanery (Parish yet to be decided) Financing and other elements yet to be decided.	November 06 – 08, 2018

Lent programs		Drama on certain topic during lent. Also prayer service and such	Mangalore DEXCO	-	Lent season
Seminars on job opportunities, Career advancements, Entrepreneurship, etc		Plan of having programs most useful to youth rather than things of not great use. Seminars, job affairs, etc.	Mangalore DEXCO	-	-

Most Rev. Dr Henry D'souza

Bishop of Bellary,

Chairman – KRCBC Youth Commission

Mr. Cyril Prabhu J

Coordinator

KRCBC – Youth Commission

Sr Jessy Rita

Joint Secretary